

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## WHAT IS YOUR DOMINANT EYE and what does it matter?

Am I related to 'Captain Hook' or just a little cock-eyed? Was once told that I was a cock-eyed optimist. Optimism is good for golf! I bet that notorious sailor had no idea about golf? What if you have only one eye and want to golf? You can do that effectively.

Why does a 'Dominant Eye' matter? If you look out of one eye or the other, it slightly alters your 'Head Position' ('Posture'). Like a parrot looking at a cracker, your head may also be cocked a little right or left. When you are 'Dynamic', making your 'Back & Up' or 'Down & Out' swings, 'Head Position' will affect your actual 'Top Of Back Swing' ('TOB') and/or 'Bottom Of Swing Arc' ('BOSA') perspective.

If you are 'Right Handed' and you are also 'Right Eye Dominant' ('RED'), you will have a tendency to be more Aft-Tilted' at 'TOB' ('Leaning Away From The Target'). Were you to be 'Left Eyed', you will be more tending to be 'Reverse Pivoted' ('Leaning Towards The Target'). When thinking about being 'Left Handed', the opposite is functional. Remember, the top of the '5 Alignment Axes' is your 'Eyes'. ('Feet, Knees, Hips, Shoulders & Eyes') If this subtle but important axis is out of level for any reason, you shall discover that it affects your swing. In 'Tower Diving', if your 'Eyes and Ears Axis' is not perfect, your rotational control will degrade causing entry splash. Your scores will testify to the errors!

### Here Is The 'Dominant Eye' Test

Look at, focus on an object 30 to 50 feet away with both eyes open and working. Now, using either hand, reach out with your index finger and point at that object. Next, close one eye. If the object moves off our pointing finger ('uncooperative'), re-open that closed eye and close the other. Now the finger and open eye are cooperative. Without moving, reverse the scenario again. The object will again move off of your finger. The second eye is your dominant eye. If it were your 'Right Eye', then you are 'RED'.

If you are not 'Dominant Eyed', go to the 'TOB' and/or 'BOSA' and close one eye at a time. You will immediately discover the meaning of 'Monocular'. You will sense any imbalance that might occur, especially in depth perception. You may require professional adjustment of 'Components & Procedures' to keep your 'Dominant Eye Syndrome' compatible. We are here to help 'YOU'!

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

E-Mail: [AskUs@555golf.com](mailto:AskUs@555golf.com)

WebSite: [555golf.com](http://555golf.com)

Telephone: (817) 673-8888

24/7