

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

YOUR OVER THE TOP FIX

We need to be really basic here to solve this clearly identified problem. Golfers are constantly making small changes to counter slight physiological anomalies. We feel different and thus swing differently on a regular basis. This ability to 'Fix On The Fly' is a great golf asset or ability.

Let's look at 'Cause & Effect' for a moment. Set up absolutely 'Alignment or Railway Tracks Parallel' with a very normal 'Set-Up Configuration'. ('Posture, Grip, Stance, Ball Location & Alignment').

With this accomplished, you are still hitting 'Fade Slice Cuts & Pulls'. That means you are coming at the ball 'From Outside In' ... from outside the 'Target Line' moving towards the 'Body or Foot Line'.

Let's see if we can 'Fix' this with simple 'Set-Up' changes as opposed to 'Swing Changes'. We want to improve our results with 'Passive or Static Changes' and not with 'Active or Dynamic Changes'.

Look at the 'Cause Of The Problem' ... 'Over The Top Path'. 'The Curvature Is The Effect'. Make sense!

So let's now set-up to accomplish an '**Under The Bottom Path**' ... keeping the sole of the 'Driver' or any 'Clubhead' more sweeping the grass than climbing to the sky. We will essentially be 'Setting Up' to accomplish an 'Under Plane Swing'. Logical, right?

These are called 'Procedural Protocols'. (see 'Your 555 Library') Do the following. Once 'Set-Up Neutrally or Normally', 'Move your Brace Foot Back Slightly' (away from the body line an inch or two ... no more). Make sure your 'Forward Inclination' is adequate and proper. Make sure you have adequate 'Aft Tilt' away from the target. This will 'Shift A Little Weight Toward Your Brace or Power Foot'. That alone will 'Flatten Your Swing Plane' and get you more 'Under The Bottom'. Now, just before you 'Trigger Your Take-Away', envision your 'Ball Flight Line' being slightly toward the 'Low Energy Side' of the fairway. We refer to it as 'Towards The Rough'. Will this tend you to be 'Push Ball Flight'? Could but likely not! Remember, you have been 'Pull Cuts' so a little 'Push will be an improvement.

Experiment a little but be intellectual or purposeful!

'Time For A Feel'

'Tinker Time'!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

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