

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

YOUR FLAT SPOT at Bottom Of Swing Arc ... 'BOSA'

Your 'Flat Spot At The BOSA' can also have a pretty 'Straight Line' segment. Those two conditions ('Flat & Straight') are really quite useful and beneficial. Remember, when we are 'Forward Inclined' ('Ball In Front Of Our Foot Line' and on the 'Target Line'), with some 'Aft Tilt', we naturally make golf swings in 'Circles or Arcs' and not normally in 'Flat & Straight Lines'. The dynamics of 'Pivot Pressure' ('Brace Leg Drive') makes the 'Flat & Straight' happen in the 'Impact & Separation Zone'.

If you observe a 'Pure Pendulum' it has a 'BOSA' but no flat spot ... just a perfect circle. We can, however, effectively strike the ball with a 'Descending Blow', whereby we hit the ball first just before the 'Bottom Of Swing Arc'. Hence, the 'Divot is just 'In Front' of the ball and not behind the ball. This is really a function of 'Ball Location', 'Posture' ('Steady Head') and 'Lever Length'. If we drop our 'Tallish CHINS' we shall hit 'Fat'. 'Lowering the Center Of The Circle Lowers The Circumference' and 'Bottom Of Swing Arc'. (see 'Tether Ball Pole Concept')

Similar to 'Putting', if we start with our head slightly inside and behind the ball, ('Slightly Aft Tilted') and keep it frozen there (not floating), we will very likely bottom out behind the ball producing 'Fat or Chunky' shots.

If we get into what we refer to as a 'Reverse C' ('Body Forward Tilted', and keep our head frozen in place, we will tend to a 'Descending AOA' and hit big chunkers ahead of the ball. ('Topping and Thin')

Both of these 'Putting' situations are 'Stagnant or Stationery' in the nature of the 'Pivot'. There is no 'Pivot or Rotational Motion' in either the 'Back & Up' or 'Down & Out' swings. This may be a reality in a 'Stage One Procedure' ('Putting or Chipping') but not in a 'Stage Two' ('Wrist Cock') or 'Stage Three' procedures, where there is 'Wrist Cock & Pivot'.

'Brace Leg Drive' ('Pivot Pressure') or 'Propulsion' tends to both 'Flatten and Straighten Out The BOSA'. Do you know that 'Pipeline' Moe Norman, who soled his Driver about 12-14 inches behind his ball, took virtually 'No Divots'? His irons were soled about 8-10 inches aft of the ball. No 'Divots'! Seldom 'Fat' and occasionally 'Thin To Win'. He was a dedicated 'Sweeper' with a substantially abbreviated swing! Magically repetitive with both 'Flat & Straight' 'BOSA' segments!

Now you know "The Rest Of The Story!"

"Welcome Aboard!"

"Enjoy The Ride!"

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