555 GOLF EDITORIALS 'PERFORMANCE EXCELLENCE'

$\mathbf{X} + \mathbf{Y} = \mathbf{R}$

X = your vertical or 'North South Polar Axis'. It defines all the 'Vertical or Up & Down' ('U&D') motion. The 'Upper Body Machine' ('UBM' ... 'Hands, Wrists and Arms' ... 'Lever Assemblies') creates all the 'Up & Down'. That means all the 'Lifting Moment' comes from our 'Lever Assemblies'. (see 'Primary, Target or Swinging Lever' [includes the 'Secondary Lever which is the actual 'Golf Club'] and the 'Brace Lever Assembly' which is the 'Hitting Lever')(see 'Bend & Straighten')(see '3 Lever, Single Action')(see 'The Ferris Wheel Concept')

Y = your horizontal or 'Equatorial Axis'. It defines all the 'Horizontal or Round & Round' ('R&R') motion. The 'Lower Body Machine' ('LBM' ... 'Feet, Knees, Hips, Abdomen or Trunk, Shoulders and Ears') creates all the 'Round & Round'. That means all the 'Turning Moment' comes from the 'Lower Body'. (see 'Body Rubber Band')(see 'The Carousel Concept')(see 'The Balsa Airplane Concept')

R = your 'Resultant or Net Force or Motion Line'.

R = your 'Swing Plane'. When you combine the 'R&R' ('Turn') with the 'U&D' ('Lift') you get 'Simplicity'.

This savvy 'County Gentleman Golf Teacher' accomplishes a proper 'PSR' and 'Set-Up'. Then he 'Feels' 'One Smooth Brace-Handed Move Back & Up' to the 'Top Of Back Swing' ('TOB'). (see 'The 'The Balsa Airplane Concept' ... The 'Tip Of The Propeller ['Brace Hand'] winds up the 'Rubber Band') At this point we 'Transition' from 'Back & Up' to a 'Lever Drop', followed by 'Down & Out'. (see 'DOFT' ... 'Down Out Forward & Through')

The utter magic and simplicity of the understood 'Golf Swing' shall be revealed!

Your '555 Team' is here because you are there!

Love answering all questions!

"Welcome Aboard!" "Enjoy The Ride!"

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