

# **555 GOLF EDITORIALS**

**'PERFORMANCE EXCELLENCE'**

## **WHY A LITTLE SCIENTIFIC?**

Golf and life are all about science and physics ... about 'Dynamics'. When you get a grip on this aspect, then you shall surely get a little philosophical as well. Golf usually humbles and annoys to varying degrees. That invites some philosophy and psychiatry?

Unless one has some scientific foundation and understanding of the golf swing, one shall be lost! 'Get Lucky and Crap Shoot Golf' will not make us happy! The psychological struggle is quite unfair but may be self-induced if there is no effort towards understanding.

'The 5 Set-Ups' combined with 'The 5 Essential Elements' help us understand every golf action. These two groups of considerations enable our 'Pre & Post Shot Routines'. They enable evaluation. This reality enables 'Recognition & Appropriate Fixes' where and when necessary. You simply cannot guess your way to golf success.

Golf is a game of endless 'Misses'. All the 'Tour Professionals' really want deep down inside their beings is 'Better Misses' ... decent 'Approach Shots' combined with a dart board accurate 'Short Game'. If they can get into the '5/10/15 Foot Circles', they will manage to make the magic 'Putts' happen too!

Strive to understand a little more every time you go out to the golf course!

**"Welcome Aboard!"  
"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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