

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## WHERE THE POWER IS

If you want to create 'Power & Square Contact' with a 'Full Swing', using any club but especially with your 'Long Shafted Sticks', you must accomplish 'Extension' or long swing lever length. Your '555 Team' calls this 'Brace Lever Extensor Action' or 'BLEA'.

The kicking horse can only generate maximum kicking power, maximum kill force, at its 'Full Extension'. The boxer throws knockout punches at full-ish extension and not with short jabs. The golfer applies maximum 'Clubhead Speed', what I personally call 'Connected Foot Pounds Of Work' ('Delivered Mass Energy') with 'Long Lever Length'. Gotta get to the deep bottom!

So, we are not talking primarily herein about 'Width or Swing Radius', getting our hands a long way from our bodies in the 'Back & Up Swing', into the 'Shaft or Target Arm Horizontal To The Ground' position (see 'Swing Sequence #3 & #4), but more about achieving 'Nice Long Extended Hands & Arms' in the 'Bottom Half Of The Swing Circle', in the 'Being Delivered' 'Down, Out, Forward & Through' swing. (see 'DOFT')

This writer knows that you might be thinking 'Well Width in the 'Back & Up' is really the same as in the 'Down & Out' segment. Other than the fact that one is 'Loading' while the other is 'Delivering', let's agree with this statement so we can address the real point? (see 'ALSDR' or Accumulate, Load, Store, Deliver & Release' ... the 'Power Line Sequence')

There is no 'Up or Lifting Moment' in the 'Front Swing' through 'Impact & Separation'.

The 'Little White Ball' is always struck in the 'Bottom Of Swing Arc' ('BOSA').

Might I suggest that you feel slightly like you are 'Throwing Your Brace Hand' down and through the 'Butt or Ballistic Point Of The Ball', through the 'Impact & Separation Zone'. Feel like you are 'Pinching The Ball Off The Short Stuff'. Then, if you hit 'FAT' stand a little farther from the ball and keep your 'Chin Tallish'. (see 'The Tether Ball Pole Concept')

There is an old Texan saying that we 'Dig Our Balls Out Of The Dirt'! That may be a helpful mental image for you?

**"Welcome Aboard!"**  
**"Enjoy The Ride!"**

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