

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

WHAT IS YOUR BIG MISS?

or your 'Small Miss'

A couple 'Small Misses' add up. The chain is as strong as its weakest link! If you have a primary '5 Set-Up' weakness, ('Posture, Grip, Stance, Ball Location or Alignment') you shall likely find another glitch contributing soon at some point in time.

We must be constantly aware and vigilant regarding the stability of our 'Golf Swings'. We must evaluate where we have been dropping strokes over our last ten rounds ... where we are trending. Glitches will not tend to themselves! As unfair as it may seem, degradation is more common than improvement!

Here is a list that might help you evaluate your swings and performance from a broad base perspective. Very few golfers have a list. Don't we all need one? Hope this helps.

- 1) Putting, 2) Chipping, 3) Bump & Run, 4) Knock Down, 5) Punch, 6) Pitch, 7) Full Swing, 8) Driver, 9) Short Game Performance, 10) Distance Control or Energy Management, 11) Fitness Mgmt, 12) Mental Mgmt, 13) Nutritional Mgmt, 14) Equipment Mgmt, 15) Financial Mgmt and 16) Time Mgmt.

How well am I doing with each of the above categories over time?

It is really efficient to take a look at each score card after you get comfortably back at home. Write comments or code on your cards so you have more data. How many 'Putts' did I have on each hole and from where? Remember, "A Chip Is A Putt With A Hop!"

"How did I do today?"

"What were my big and small misses?"

Stay well and happy!

"Welcome Aboard!"

"Enjoy The Ride!"

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