

# 555 GOLF EDITORIALS

## 'PERFORMANCE EXCELLENCE'

### UNUSUAL or UNEVEN LIES

This is a common topic among 'Players' and 'Hackers' alike!

What do I do when the 'Ball' is not 'Level With My Feet'? The conditions are 'Side Hill Above or Below My Feet', as well as simply 'Up-Hill or Down-Hill'. Not a huge mental wrap-around?

We must make a 'Normal Swing' regardless of the 'Lie' ... usually 'Abbreviated' is beneficial!

A couple practice swings help get feel! As long as you are not in a hazard, ground or address your club lightly behind the ball. (Remember to 'Hover' before you 'Trigger' your 'Take-Away'). Adjust your 'Body to its 'Optimal Position' with some 'Push Down, Brace Lever Extensor Action' ('BLEA') so you know where your 'Bottom Of Swing Arc' ('BOSA') is located.

Set your 'Knee-Flex' to an optimal position so you can 'Go To Work' ... stable and powerful! They may feel overly-flexed if you are 'Ball Side-Hill Below Your Feet'. You MUST get 'Physically Powerful and in balance before you 'Trigger', or you shall shift or fall 'Towards Balance' during your back and front swings! We call this responding to 'Dynamic Balance'.

When properly 'Set-Up', make a 'Putting Stroke Take-Away' ('Quiet Triangles'), generally to a slightly 'Less Than Full Swing' so as to enhance and protect your balance at 'Top Of Back Swing' ('TOB'), while you smoothly 'Transition' to the 'Drop Down & Through Front Swing'. Remember, the club ONLY starts to move forward, towards the 'Ball' and 'Target' in the 'Bottom Half Of The Swing Circle'! Thus, do not strive to get powerful until in that very specific circle segment. (see 'Over The Top & Cast')

There is a lot of advice about 'Opening C/F AIM' ('Ball Above Your Feet') or 'Closing C/F AIM' ('Ball Below Your Feet'). If you accomplish 'Strong Leg-Drive' through 'IMPACT & SEPARATION', regardless of the 'Lie', you can forget these adjustments. Your intellect shall rule and a normal, properly executed 'Golf Swing' shall prevail!

If you are markedly 'Up-Hill', you will require more 'Leg-Drive' ... push and actually step up the hill in your 'Follow Finish Stage'! (see 'Swing Segment #3F') If you are markedly 'Down-Hill' you must also step down the hill in your 'Follow Finish'. You may feel like you are going to fall on your face! JUST DO IT!

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

## SATISFACTION GUARANTEED

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