

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

UNDER THE BOTTOM

and Over The Top

Most golfers have heard of having a 'Swing Path & Plane' that is 'Over The Top' and 'Above Plane'.

It is important that we remind our followers that 'YOU' have your very own personal 'Path & Plane' that work and are suited to 'YOUR' needs. It is imperative that we teachers and you students of the 'Great Game' do not get duped into swallowing 'Hook Line & Sinker' that there is a 'Universal Golf Swing Path & Plane'. There is not!

So often over the more than four decades of this teacher's illustrious term, we have seen instructors use what we refer to as 'Modeling' ... they take a well known touring pro and show his or her swing beside yours. Then you are naturally supposed to end up looking and performing like the 'Player'. Now that is a harmful pipe dream of the first order.

'Swing Path' can be 'Inside Out, Square to Square or Outside In' to your ideal or neutral configuration. 'Swing Plane' can be 'Below Plane, On Plane and Above Plane' to your neutral configuration.

"Over The Top" is usually both 'Above Plane and Outside-In Path'.

Opposites are usually logical. Thus the opposite to "Over The Top" is "Under The Bottom". We find exceptional success exposing what these terms mean and then in solving the affliction by tending towards the opposite condition. If a 'Slicer' can learn to 'Hook', he or she can become very happy in short order ... about the time it takes to make bacon, eggs, toast and coffee.

Protect yourself from chewing, swallowing and attempting to digest too much complexity. The 555 Golf Team's terms are not included under the heading of 'Complex'. Our acute, science based language is completely appropriate and necessary! Thanks for your trust and commitment!

"Welcome Aboard!"

"Enjoy The Ride!"

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