

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

'SHORT GAME DRILL'

The THREE INK SPOTS DRILL

The following information is very useful to every 'Procedure' you will ever 'EXECUTE' regardless of its 'Stage'. When you 'Hands' are holding any 'Golf Club' and making a 'Motion' that intends to cause a 'Ball To Go Away', the **'THREE INK SPOTS'** are relevant. This is an 'AIM, ALIGNMENT and PATH' consideration. If our 'Wrist Hinges' are erratic through the 'IMPACT and SEPARATION Zone', we cannot expect our 'Clubface AIM and Clubhead PATH' to be anything but unreliable as well.

So let's give ourselves some reference points with which to make our **'Components and Procedures'** more repeatable. You might think about 'Putting & Chipping' for now.

'SET-UP' with your reliable 'Neutral or Weak Putting GRIP, SQUARE STANCE and PARALLEL ALIGNMENT.

Now, without any question, have a friend take a ball-point pen or felt pen and place a 'DOT or SPOT' just above your 'Target Knuckle'. Then place another 'INK SPOT' about where the fat 'Thumb Pad of the Target Hand' makes contact with the fat 'Heel Pad Of The Brace Hand'. The dot goes on your 'Brace Heel Pad'. These two 'Spots' are really facing the 'Target or Squarely Down The Ball Flight Line' and must travel down it as well during the 'Stroke'. The better they 'TRACK' the better you will 'Putt & Chip'!

The third 'INK SPOT' is placed directly on the 'Outside of the Target Elbow Joint' where it too faces the 'Target or Down The Ball Flight Line'. If you wear long sleeves, as I do, this 'Inky Thing' stops here. Use a piece of coloured tape!

Now, when you make your 'Putting (any) Stroke' you should 'FEEL' or be aware that these 'Three Reference Points' should be moving relatively 'Parallel' to the 'Body Line' or 'Ball Flight Line'. Actually, they move **'VERY PARALLEL' to the 'Ball Rolling Line'!**

These are **'Clubface AIM and Clubhead PATH'** relevant issues. What can be much more important in perfecting a 'Golf Swing' and Clubface delivery to and through a 'Golf Ball'? These silly little reference 'SPOTS' are about 'Wrist Hinge Position and Action'. They are about your stable or unstable 'Putting Triangles'. They are about 'Stable Shoulder Hinging and Elbow Positions'! They are all about 'Lines and Angles'! I say "Stable and Unstable" because many folks change the 'SHAPE Of Their Hand, Wrist, Forearm, Elbow and Shoulder Triangles' throughout the 'Putting Stroke'. They generally cannot 'Putt' consistently either! If there is 'Movement there is Error'!

They are what we in the 'Player Ranks' commonly refer to as 'Fourty or Thirty Shooters' on the Dance Floor'! Not the type of thing great partners are made of when playing to even! In the 'Handicap Format' fairer game but still "A Touch Smelly" as the wonderful Moe Norman might put it! I suspect every golfer might like to be a 'Twenties Shooter'? Don't you?

By the way, this **'THREE INK SPOTS'** is a great 'Putting, Short Game and Specialty Shots Drill'. "Read All About It!" in your copy of the **'Golfmyth Collection'**. If you do not as yet have your personal copy, you can get on the 'Internet' at 555golf.com and take care of that deficiency in your library! Go to the

'Home Page', sign in 'OOPS! You're not a 'Locker Room Member'? Click on the 'JOIN NOW!' door and get yourself a locker and all the other wonderful things and privileges that come with membership which is absolutely 'FREE'! I will wait right here for you to finish!

Now 'Click' on the 'E-Store Tab'. It will logically take you to the 'E-Store Page'. Click on the 'E-Store Tab' again and you will be in what the '555 TEAM' calls the 'CMS1' function. Click on 'Literature' and you are there. Read and enjoy your personal copy of the 'Golfmyth Collection'. It may be a lifetime of pleasure just waiting for you!

By the way, your 'LRM STAUS' entitles you to have a your own 'Personal Certified Master Teaching Professional' with whom you dialogue via his or her personal 'E-Mail Address'. You may even get a personal 'Telephone Number'!

BACK TO THE INK SPOTS FOR A MOMENT:

Got side tracked or 'Off Tracked' for a moment like an errant 'Putt or Chip'!

So, all this having been said, explained and done, simply 'SET-UP' your 'Bullet-Proof Drill', set up your 'Putt or Chip' and make it with all the great '**B.E.S.T.**' discipline we have been developing over these pages. Now, just remember to keep those 'Three Ink Spots' 'AIMED and ALIGNED' 'Down The Ball Rolling Line'. Keep them '**TRACKING DOWN THE LINE**'. Keep your 'Rocking Chair Shoulders Motion' very smooth and parallel.

Oh yes! 'Steady Head', 'Tallish CHIN', 'Breathing Out', 'No Tension In Your Stable Levers or Triangles', 'No Peaking' (Heads or Tails), 'One Inch Rule' ... all the stuff!

It is your score card and bragging rights we are working on! I have tended to mine!

NB: This 'Three Ink Spots Drill' is not just a 'Putting Drill'. It applies to your 'Chipping Procedure' and more. Use it directly or indirectly for every 'Stroke or Shot' you make, short or long. It's relevant!

**“Welcome Aboard!”
“Enjoy The Ride!”**

SATISFACTION GUARANTEED

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