

555 GOLF TIPS

'PERFORMANCE EXCELLENCE'

THERE IS A PUTT IN EVERY DRIVE

Have you ever considered the 'Topic Of Energy Management'? Likely have as a matter of 'Routine'? 'Short and Long Putts' require this discipline facet or you will live 'Short and Long'! Not cool! But I want to tell you that 'Long Is Better' than the alternative! Short never drops!

"90% of my putts that come up short don't go in!"

Yogi Berra

The premise herein never changes. Every single 'Swing Procedure' in the world contains **'The 5 SET-UPS'** ('Posture, Grip, Stance, Ball Location, Alignment') and **'The 5 ESSENTIAL ELEMENTS'** ('Clubface AIM, Clubhead PATH, Clubhead SPEED, Sweet Spot ('OPA'), Angle Of Attack ('AOA')). Thus, **'WE DRIVE AS WE PUTT!' REMEMBER THIS!**

If you want a 'Ball To Roll Along The Ground' ('Ball Rolling Path' or 'BRP') a certain 'Measure or Distance', you will require a specific and precise **'Brace Hand Travel Distance' ('BHTD')** (see **'Inching'**)(see **'Body Clocking'**). The farther you move a 'Pendulum Weight' ('Clubhead') away from the 'Zero Energy or Passive Bottom Of Swing Arc', the more 'Potential Energy' you create and store. (see 'ALS DR') When you release that 'Weight or Mass', at least initially by 'Gravity', it will produce 'Acceleration and Motion' directly 'On Line or Path' until an 'Outside Force' interferes or affects that **'Motion, Inertia and Velocity' ('MIV')**. This 'Pendular Motion' is one of the most predictable and reliable events in the 'Human and Earthly Realm', this portion of the 'Journey'. This is not haphazard stuff! It is **'Newtonian LAW'!**

This 'Pendular Action Is Putting' in its raw form! Done! 'Putting' is a **'Stage One Procedure'** that involves **'No Wrist Cock' and 'No Pivot'**. (see 'Staging Your Swing')

If we want to make the 'Putting Ball Roll Farther', all we do is take our 'Brace Hand Away Farther'. More 'BHTD'! More 'Energy Loading'! (see 'ALS DR')

If we want to make the 'Ball Roll Very Much Farther' we need to 'Pre-Select A Greater BHTD'. You can make 'Putts that are 200 feet! If you want to move your 'Ball' even farther, select a more 'Lofted Club' like a #8 Iron ('Tool') and swing bigger! This is called a 'Chip'. Early on in this 'Procedure', shorter rather than longer, utilizing the 'Stage One Putting Motion Procedure', this new 'Tool' produces a **'PUTT WITH A HOP'** and the 'Ball' travels a greater 'Distance' on a 'Pre-Selected Direction or PATH'. (see 'PSR') The 'Initial Ball Rolling Line or PATH' ('BRL' or 'BRP') is controlled primarily by your 'Clubface AIM'. Then we combine 'CFA' with the 'Clubhead PATH' ('CHP'). (see '5 Essential Elements')

Never forget the 'Premise' that **'WE DRIVE AS WE PUTT!'** The absolute 'IMPACT & SEPARATION Conditions' are nearly the same for 'Driving as Putting'. Just a bigger swing!

Remember, when you produce a 'HOP or Trajectory', (the 'Parabolic Ball Flight' that gets the 'Ball' higher off the ground than a 'Putt'), it naturally requires more 'Energy'. So, to produce the same 'Distance' as your previous 'Putt', you will require slightly more 'Energy or MIV'. This naturally involves more 'BHTD'. Simple!

If you want to go farther than this '#8 Iron, select a '#7 Iron' and make the same 'Stage One Procedure' or 'Swing'! **'Same Energy + Less Trajectory = More Distance or Roll'!** Simple!

If you want to create slightly more 'Trajectory' select a 'Tool' with a more 'Lofted Clubface'. And make the 'Same Swing'. If you want both 'More Trajectory' and more 'Distance', you will require more 'Energy' and thus more 'BHTD' for the same club. Still simple!

Controlling your 'BHTD' is a matter of either **'INCHING' or 'BODY CLOCKING'**. You can learn how to do this with precision. You will need this ability to excel!

Now you want to make the 'Ball Flight or Ball Rolling Distance' ('BRD') even longer. What do you do? Add more 'Energy' by way of increased 'BHTD' or select a longer-shafted, less-lofted 'Tool' and apply your proven 'Pre-Shot Routine' ('PSR')! That is all! **Keep It Stupid Simple!**

Let us stay with that '#8 Iron' for a moment. If you 'Pre-Select More Distance' you must move your 'BHTD' farther to create more 'Energy' or 'MIV'. There is a certain point in this 'BHTD' when you will naturally induce some 'Wrist Cock' (**'Stage Two Procedure' with 'UBM Wrist Cock' but 'No Pivot'**). It varies with each individual. But, for most, by the time your 'Clubshaft' gets to the 'Horizontal Configuration' (Swig Sequence #3) you will experience the onset of natural 'Wrist Cock'. This is a 'Power Accumulator' which means, by this 'Action or Motion' you are 'Accumulating, Loading or Storing Energy' that can be utilized in the 'Procedure' when we 'Deliver and Release' it! ('ALSDR')

More 'Energy' produces 'Greater Distance'. But, in the 'Bottom Of Your Swing' or at the 'Bottom Of Swing Arc' you still have a 'Putting Procedure'. All strokes are varying degrees of 'Putts'. They all involve the '5 Essential Elements' which are 1) 'Clubface AIM', 2) 'Clubhead PATH', 3) 'Clubhead Speed', 4) 'Sweet Spot or 'Optimal Percussion Area' and finally 5) 'Angle Of Attack'. **'More Distance Simply Requires More Clubhead Speed'**. When we accomplish the 'Optimal or Maximum Distance' with a certain 'Club' and desire to go farther, we simply 'Select An Appropriate Tool'. The #7 Iron' makes the 'Ball Go Away Farther and Lower' with the same 'Swinging Motion'.

That is why we can accomplish such precise predictable 'Yardages' with a 'Golf Club'. We just make the same 'Full Swing' (**'Stage Three Procedure', with 'LBM Pivot'**) with different 'Tools' that have specific 'Launch Angle' characteristics.

Icing on the 'Information Cake'? The 'Driver' still has a 'Putt' in its bottom! No hemorrhoids!

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24/7