

# 555 GOLF ACADEMY

## 'WHERE PASSION MEETS PERFORMANCE'

### THE TARGET LEVER DEAD ROPE CONCEPT

The 'Target Lever' is your 'Hand, Wrist & Arm' on the 'Target Side' of your body ... the side closest to the flag stick ... the 'Left Side For A Rightie'! Your '555 Team' has a very simple vocabulary which will help us both coordinate and learn efficiently! Please conform? It will work wonderfully for you too!

We all have a grip on the '**5 SET-UPS**' ('Posture, Grip, Stance, Ball Location & Alignment') and king-pin disciplines such as those '**5 ESSENTIAL ELEMENTS**'. ('Clubface AIM, Clubhead PATH, Clubhead SPEED, Sweet Spot & Angle Of Attack') If there are any struggles with these terms, "We Shall Overcome and Prosper!" Never leave home without any of these key golf ingredients!

We know about the '**Golfing Machine**' and its very functional and meaningful 'Lower and Upper Body Machines' ('LBM' & 'UBM').

The 'UBM' contains the '**Lever Assemblies**' composed of the 'Target Lever Assembly', whose 'Primary Lever' is the actual 'Human Hand, Wrist, Forearm, Elbow, Upper Arm and Shoulder Socket', while the 'Secondary Lever' is the actual 'Golf Club' or weapon. Then there is that 'Brace Lever Assembly' that resides on the opposite or 'Brace Side'. How simple!

The 'Target Side' contains all the 'Target Swinging Components' while, quite naturally, the 'Brace Side' contains all the 'Brace Hitting Components'. You would recognize these individual lever components in your 'Tether Ball Pole Concept' were it to have two balls and ropes rather than just one.

#### THE 'DEAD ROPE' Concept:

This is, indeed, another name for the '**Target Lever**'. Your '555 TEAM' calls it '**The Dead Rope**'.

#### "WHY?"

Because, one of its primary raw functions is that of simply connecting the 'Target Hand' ('Clamp') to the 'Target Shoulder Socket'. When we know the 'Length Of The Inanimate Rope' and 'Golf Club', we then know the precise '**Distance From That Shoulder Socket**' to the 'Sole Of The Golf Clubhead'. (see 'Swing Radius' or 'Bottom Of Swing Arc')

This is important as we must 'SET-UP' with the 'Leading Edge' at the 'South Pole Of The Little White Ball', make our 'Dynamic Proper Moves' and thus get precisely back to that 'Butt Of The Ball' (see 'Ballistic Point')(see "IMPACT FIX to IMPACT FIX"). To make this return trip repeatedly, reliably, we must maintain the same 'Dead Rope Length' at all times to get back to that '**Initial SET-UP Swing Radius**' ('Impact Fix') at the 'Moment Of IMPACT & SEPARATION'. If not, we get 'FAT, THIN, HEEL and TOE' rather than a 'Pure Strike' on the 'Sweet Spot'.

We should 'FEEL' like we '**Throw The Clubhead Down To The Ball**' with the 'Motive Brace Hand' and NOT the 'Target Hand'. (see 'BOSA')

We must not only have a stable 'Lower & Upper Body Machine' (see 'Forward Inclination & Aft Tilt' and 'Knee Flex') but we must be fully aware that this function directly includes a 'Fixed Length Of Rope & A Ball'. (see 'Tether Ball Pole Concept')

You have the 'Tether Ball Pole' picture, right? Simple enough?

Take it just one more step! Give your 'Tether Ball Pole A Pair of Shoulders'! Just place a two foot section of flat bar across the top of the pole, making it look like a 'T'. Now attach a rope and ball at each end of the 'Shoulders or T'. The two balls will 'Orbit very predictably but you may have problems keeping them consistent. So, connect both ropes to one 'Ball'. No you have a very stable 'Triangular Shape'. Instability problems solved!

Now, you almost have a 'Real Golfing Machine' except for adding another leg to the base. This does not really make it more complicated ... just adds a few more parts with very simple tasks. (see 'Dual Pivot Points')

With this 'Tether Ball Pole Concept' we have only added a 'Shoulder and An Extra Rope Attached To The Same Ball' with a slightly more stable 'Two-Point' base to support the 'Coiling Body Motion'. (see 'Round & Round' or 'Horizontal Motion')

Are two ropes better than one? Likely not but we humans come with two arms and two legs that are quite useful handling efficient tools and simply walking and working! Welcome to the 'Human Tool Box'!

So, now you know '**The Rest Of The Story**'!

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

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