

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

THE SIMPLEST SWING EVER?

Have had seven calls or e-mails today about 'Take-Away' and keeping the swing as simple as possible! So I am stimulated to share the outcomes with you great followers.

Always accomplish your '555 Pre Shot Routine' ('PSR') based on your '5 Set-Ups' ... Posture, Grip, Stance, Ball Location and Alignment'.

Rather than 'Address Ready' ('Tap Tap Tap' - no brace Leg Drive Strike Components - Neutral or Static), use 'Impact Fix' or your simulated 'Strike Configuration' ... Forward Pressing your 'Brace Hand' and 'Brace Leg' creating dynamic 'Pivot Pressure'. (see 'Press Press')(see '#4 Pressure Point') In this 'Impact Fix' position, the 'Tip Of The Shaft' will be pointing at the 'Target Line' slightly aft of your hands. (see 'Swing Position #1' and 'Swing Segment #1B')

This done, 'Breathing Out', 'Sweep The Sole Of The Clubhead' 'Brace Handed' across the grass, ('Take-Away') 'Up The Line' ('UTL') for as far as is comfortable. Then the 'Clubhead' will elevate naturally. (see 'Turn & Lift' - 'Tether Ball, Rope & Pole' - 'Swing Radius')

When you get to the 'Shaft Horizontal To The ground' position ('Swing Position #3' - 'Swing Segment #2B'), notice that the 'Butt Of The Shaft' is pointing to the 'Target'.

Continuing 'Turn & Lift' to an 'Abbreviated Top Of Back Swing' ('TOB'), pause and check where the 'Butt Of Your Club Is Pointing' ... to 'The Base Line Of The Plane' or to the 'Target Line'. Good job! Always use your 'Sweep & See It' 'Tempo & Timing' for 'Balance & Rhythm'.

You are 'TOB' coiled for a 'Punch or Pitch Shot'. Relax and return to your 'Impact Fix Position'. Deep breath! Forward Press both 'Brace Hand' and 'Brace Leg'. Trigger the 'Take-Away', 'Sweeping' ('Turn') and 'Lifting' ... One Smooth Move Back & Up ... 'Draw A Straight Feeling Line' to the abbreviated 'TOB'. Relax and let your 'Lever Assemblies' ('Hands, Wrists, Arms and Clubhead') drop and re-Turn back to and through that now 'Leg Driven Impact Fix Position'.

Feel like you are sweeping and pushing the Clubhead back through the 'Golf Ball' ('Brace Handed and Sided Impact Energy') all the way to and through the 'Precise Target' ... breathing out and relaxing to the 'Top Of Front Swing' ('TOF'). Follow-Finish and Hold ... seeing the 'Target'! Tap Your 'Brace Toe' to prove that your 'Coil' is fully released.

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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