

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

THE RPM DRILL

This is purely 'FUNDAMENTAL' ... 'Base Line Stuff'.

If, no no, **WHEN** you get it, you shall be rewarded and even blessed!

This 'RPM Drill', combined with that magical little "&" word, creates repeatable 'Tempo, Timing and Rhythm' with which your 'Golf' activities shall be endlessly rewarded.

Now add proper 'Breathing'. "If Your Hands Are In Motion, You Shall Be Breathing Out". It is a standard athletic 'RULE' and not an option. Pretty much 'Common Sense' that may not always be very common.

Finally "See The Ball Come Off The Aimed Clubface!"

You now have a 'Leg Up' on the competition!

THE RPM CONCEPT AND DRILL

This material is huge, especially when one is pondering a timid and tender lumbar.

Remember, the 'Valve Stem' of a bicycle wheel and tire always points at the very same spot on the 'Hub Of The Wheel' regardless of the 'Rotational Velocity', 'RPM' or 'Axis'.

The 'Valve Stem' is the 'Hole In Your Butt' ('Grip') out of or from which we shine a 'Laser Beam' that is, of course, parallel to the center of the golf shaft. This 'Laser Beam' must shine on a 'Steady Plane' and at a 'Predetermine Target'. (see 'Rotational Stability')

Indeed, when the 'Clubhead' (and our Hands) are in the 'Bottom Half Of The Swing Circle' (in the advancing segment or half – Front Swing - DOFT) the 'Laser Beam' points at the 'Target Hip Socket'. This is the 'Retreating Hip Socket ... moving aft and clearing out of the way of the 'Thrusting and Advancing Brace Hip'.

If you can keep that 'Laser Beam' pointing at the 'Target Hip Socket' while in the 'Bottom Half Of The Swing Circle' you shall have no 'Hip Impact and Shock' ... no 'Spin Out'.

Thus you will have no 'Flip-Handed Action' that make 'Clubface Aim At The Moment Of Separation' virtually impossible. You shall have absolute control of your 'Set-Up Componentry' and thus you shall have control of your 'Ball Flight' ... of your 'Outcome' with 'Little or No Manipulation'.

You will more 'Let The Ball Go At The Target' than to 'Make It Go Away Somewhere' ... while full of hope and prayer!

You will be able to 'Release' the ball from the 'Sweet Spot' to travel 'Down The Pre-Selected Ball Flight Line'.

Now how cool is that?

Now that you have read this, 'Do Some Mid Iron Swings In 'Slow Motion' and feel the 'Laser Beam' pointing at your 'Target Hip Socket' while the 'Brace Hand' and 'Sweet Spot' are in the 'Bottom Half Of The Swing Circle' ... advancing on the target.

Remember, the 'Sweet Spot' is retreating while it is in the 'Top Half Of The Swing Circle' during the 'DOFT' ... 'Down & Out Swing'.

You are now in a very small minority as almost no one knows this 'Physical Truth' about the finer mechanical points of the 'Golf Swing'.

Stand up and grab a mid iron.

It's 'Time For A Feel'!

We are here because we have been where you are!

Use us to your fullest measure!

That make your '555 Team' very happy and fulfilled.

Thank you!

“Welcome Aboard!”
“Enjoy The Ride!”

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7