

555 GOLF ACADEMY

'WHERE PASSION MEETS PERFORMANCE'

THE PUTTING PUSH DRILL (Putting and Chipping Drill)

This 'Bullet-Proof Drill' is designed to improve your 'Rocking Chair Shoulder Brace Hand Release or Delivery Motion'. The '555 TEAM' feels that the 'Optimal Stage One Procedure' involves a 'Soft Smooth Brace Hand Take Away' to your 'One Inch Rule Point' ('Top Of Back Swing' TOB) followed by a 'Dropping Brace Shoulder' delivery. Thus your 'Brace Shoulder' is your 'Putting and Chipping ('Stage One') Engine'. We must remember that this is just one very reliable method of 'Energizing The Putter Blade'. There are many more such as 'Brace Hand Delivery', 'Target Lever Delivery', 'Side-Arm Delivery', 'One-Handed' and more. Almost use your imagination!

This 'B-P Drill' is, of course, an 'Eye-Hand Coordination Drill' of the first order. You might want to think of it as one of your 'Firing The X' Drills where we focus on that Brace Index Finger 'X' Motion 'Down The Line'. You will recall the 'Three Spot Putting Exercise'. If not **'ASK US!'** Contact your own 'Personal Certified Master Teaching Professional' soon.

As outlined in the body of the 'Golfmyth Collection Putting Chapter', you can benefit by going through your entire 'PUTTING ROUTINE' and then by NOT 'Taking the Blade Away From The Ball' but by simply **'PUSHING The Ball' directly, straight 'Down-The-Ball-Rolling-Line'**. You will clearly 'FEEL' the 'Straight Back and Straight Through Stroke Motion'. Again, there are several different 'Engines'.

This Drill will clarify your **'Clubhead PATH'** and how your 'Shoulders, Arms, Hands and Golf Club' bring the 'MOTION' to happen. You should FEEL quite 'Square to Square' with this drill. 'Inside to Square to Inside' is quite acceptable when 'Putting' fully. In fact 'Outside to Square to Outside' may work too although it is less common 'Clubhead PATH'.

Pay attention to the 'Rocking Chair Shoulders FEEL' or the 'Brace Shoulder and Brace Hand Delivery FEEL'. 'Feel' the 'Dropping Brace Shoulder Stage One Engine and Action'. Carefully observe the 'Ball Rolling Characteristics' preferably on a flat surface.

You will be best served by making these 'PUSH PUTTS' from about 5 to 8 feet. Remember it is primarily about the 'Clubhead Characteristics' in that ever so important 'IMPACT & SEPARATION ZONE'. It is about the '5 Essential Elements'. They never go away. Don't leave home without them! For your refresh, they are 1)Clubface AIM, 2)Clubhead PATH, 3)Clubhead Speed, 4)Clubhead Sweet Spot and 5)Angle Of Attack.

No 'Golf Stroke or procedure, regardless of length, is without all five! Good foundation growth materials.

Don't forget that this drill can be used with your favourite 'Chipping Iron' as well. (see #8 Iron Push Drill)

Don't forget that this 'PUTTING PUSH DRILL' is NOT legal for actual play. You cannot keep the 'Clubface ' in contact with the Ball during the real 'Putting Procedure'. You can't 'Push It'!

“Welcome Aboard!”
“Enjoy The Ride!”

SATISFACTION GUARANTEED

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