

555 GOLF ACADEMY

‘WHERE PASSION MEETS PERFORMANCE’

THE PIGEON TOED DRILL (‘Zero Pivot Drill – Stuck LBM’)

This ‘Bullet-Proof Putting Drill’ can also be appropriately called the ‘ZERO PIVOT DRILL’. ‘Putting’ is a ‘Stage One Procedure’ so there is no ‘Lower Body Machine’ motion! You know this fully well.

To prevent or impede ‘LBM’ involvement we know that ‘STANCE’ and ‘ALIGNMENT’ are direct and positive factors. If your ‘Target Foot’ is ‘Square or Closed’, your ‘Swing Gate’ is ‘Closed’ as well. You cannot get through a ‘Closed Gate’. The ‘Square or Closed Target Foot or Toe’ impedes ‘Pivot or Rotation’. If you are told you have movement in your ‘Putting Stroke’, be it in your ‘Head, Upper or Lower Body Machines’, take precautions to prevent any of this movement as it will surely affect your ability to make consistent ‘Putting Strokes’ and score with small numbers!

If you want to employ the ‘Pigeon Toed Method Of Putting’, turn both toes inwards. If your tendency to suffer from movement is slight, a ‘Square Square STANCE’ may suffice. The ‘Square Target Foot’ is ‘CLOSED’ but the ‘Pigeon Toed Foot is HYPER CLOSED’.

Remember as well, the more ‘Closed’ that you ‘Set-Up’ your ‘ALIGNMENT’, the more ‘Target Handed’ you become. So, to a degree, when you ‘Close Your ALIGNMENT’ you also impede your ‘Pivot or LBM Motions’. I do not like any of my students to ‘Putt’ at all ‘Closed’ but prefer a square to slightly open configuration. This enables us to see and ‘FEEL’ the ‘Ball Rolling Line’ more effectively. I think it helps me to better ‘Visualize’ or ‘Take The Mental Picture’ and maintain its reality longer in the final stages of my overall procedure. ‘Take The Picture’. ‘Hold It In Your Inner Eye’. Then you will be purely capable of ‘Seeing The Ball Come Off The Clubface’. Seldom can you see the Ball and the Target at the same time.

Something to think about for just a moment? Jack Nicklaus can!

This great champion stood a little ‘Pigeon Toed’!

“Welcome Aboard!”
“Enjoy The Ride!”

SATISFACTION GUARANTEED

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