## **555 GOLF ACADEMY** 'PERFORMANCE EXCELLENCE'

## THE HANDS GET TO THE BALL BEFORE THE CLUBHEAD

('Forward Press' & 'Quiet Lever Triangles)

There are a few very key items that your '555 TEAM' always stresses to you as being the centre of your 'Golf Discipline'. This is certainly and 'Essential Element' or 'Primary Absolute'! You know the 'Primary Absolutes' as we list them are 'The Flat Target Wrist', 'Clubhead Lag Pressure' and the 'Clubshaft On Plane'. Well make this the 'Fourth'!

You may find it of interest that this "Hands Getting To The Ball Before The Clubhead' is really about 'Leg Drive, PIVOT LEADING and Lever Assemblies LAGGING, Clubhead Lag Pressure and 'Clubface Control'. Core Stuff!

When you can understand and 'FEEL' this reality, you will be able to 'Execute It'. When you can 'EXECUTE IT', you are on your way to 'Compression and Line Of Compression' which means you are likely to be headed at playing better 'Golf'.

We have stressed that you utilize **'IMPACT FIX'** (Active Set-Up Condition) as the last item in your 'Pre-Shot Routine' just before 'Take Away' as opposed to the very common 'Address Ready' which is a 'Passive Set-Up Condition'. If you were to **'Repeat The IMPACT FIX'** in your 'Through-The-IMPACT Zone Swing' you would be well served!

So, establish your 'IMPACT FIX. Next take-away your 'Lever Triangles In One Piece' (as it is called) and then **'Repeat Your IMPACT FIX'** with some velocity or 'Clubhead Speed' through the 'Butt Of The Ball' while you are 'Seeing The Ball Come Off The Clubface'.

This 'Golf Elixir' is magical! Maybe better than the Magic wand! The '555 TEAM' suggests that you take a good dose of it every day between sunrise and sunset! If all else fails, at least rub the potion topically! Soft skin! Great Complexion! No pimples! You know there is an old saying, "Never Take A Bet From A Guy With Squinty Eyes and Sunburned Arms Who Is Holding And Swinging His Golf Club Powerfully In His 'Target Hand'. He's A Player!"

## **SATISFACTION GUARANTEED**

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