

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

THE BENT & BOWED SHAFT

and your Target Wrist Component

You will recall the '3 Wrist Hinges' ('Vertical, Horizontal and Longitudinal') and '9 Wrist Positions or Shapes' ('Bent / Flat / Bowed' [BFB], 'Cocked / Level / Un-Cocked' [CLU], 'Turn / Vertical / Rolled' [TVR]). If you learn these few aspect, you shall be well served. If you have any questions, do not hesitate to "AskUs!". You know how. Methods are right below.

Think about 'Wrist Action' about the 'Vertical Wrist Hinge Pin'. This function is just like a 'Door Hinge' whereby the door acts in a 'Horizontal Motion' ... simply 'Opening and Closing'.

Our 'Lower Body Machine' ('LBM') acts in the same 'Round & Round or Horizontal Motion' about a 'Vertical Hinge Pin or Axis', the 'Spinal Column or Axis', which can be slightly adjusted as required.

When we pressurize or 'Load Our Brace Big Toe' and push with our 'Brace Foot' to accomplish 'Brace Leg Drive', we create 'LEAD In Our LBM'. Doing so automatically creates 'LAG In Our Shaft and Clubhead'. The 'Club Shaft' 'BENDS' and the 'Clubhead Gets Behind The Hands'.

Knowing about 'Wrist BFB' (paragraph #1 above), we now know that the 'Shaft' behaves similarly. It 'Bends, Loads & Lags' ('Convex') when we apply 'Brace Leg Drive' ('Power'). It ultimately 'Straightens and Bows' ('Concave') after the 'Throttle' is shut off and 'Brace Leg Drive' ceases.

The outcome of knowing these facts is that we should strive to 'Hit The Ball With Our Brace Leg Drive' and not to create the strike with our hands. (see 'Flippy-Handed' & 'Throw-Away')

When we get overly active with our hands, we get create 'Throw-Away', which creates 'Spin Rate' about the 'Vertical or X Axis'. This creates 'Curvature' ... Fade Slice and Draw Hook'. Although most people have a 'Shape Tendency', try to make straight shots.

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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