

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

'BUNKER DRILLS'

THE 1/2 INCH DRILL

Seldom do we get asked to summarize a skill such as the **'BEACH WORK'** in as few words as possible. I have been asked to do so for a 'Golf Tip' that gets no room! Unfair! Inconsiderate! Down right userous, don't you think? Well I have pull and will keep it 'To The Point' but use more room that a cartoon!

Well here it is!

I want to tell you that the 'Dominant Image or Thought' useful to making successful 'Bunker Shots' it to make a good 'Splash Shot' by 'Slapping or Thumping The Sand Behind The Ball'. Once you have made one and hear the sound it makes, you can strive to make a 'Thump or Thudding Sound'. All in time!

Playing off the beach, whether it is in a deep or shallow hole, is very similar to any regular 'Golf Shot' so stop the fuss and get your heart-rate back in the two digit range! Getting off the beach is one of the easiest shots in golf. You often see the 'TOUR PROS' aiming at the bunker deliberately to avoid that troublesome rough! Extricating yourself from a bunker you just use a 'Golf Club' to strike the 'Little White Ball' once again!

Oops! You do not! **'This Sand Shot Is The ONLY Procedure In The Great Game Of Golf Whereby You Swing The Tool and DO NOT MAKE DIRECT CONTACT WITH THE BALL'**.

You 'Impact The Sand' and thus move about a handful to a cupful out of the bunker. Along with that 'Mass' comes the 'Ball' carried out like a weakened victim heading home! The steeper your 'Angle Of Attack' the more sand you will move.

You can use about any 'Golf Club' that has adequate 'LOFT To Cause The Ball to Clear The Lip Of The Bunker'. Remember, the 'Sand Wedge' has what we 'Golf Techies' call 'Bounce' meaning that the 'Trailing Edge Of The Sole Is Lower Than The Leading Edge'. It acts like a 'Trim Tab' on a ski boat. It keeps the nose trimmed so it does not dig into the sand!

'SET-UP Is Just Like Making A Sound Pitch Shot'. They are those '5 SET-UPS'; 'POSTURE Tallish, GRIP Firmish but Soft, STANCE not too wide, BALL LOCATION

forward and ALIGNMENT' are quite normal. That means your 'Foot or Body Axis Is Parallel To Your Ball Flight Line' so you can swing naturally 'Down Your Body Line' without 'Manipulation'. 'EXECUTION' is also just like a sound 'Pitching Procedure' except that you generally have a slightly 'Steeper Angle Of Attack' induced by a little 'Pick-Up Take-Away'. You must have the 'Weight Of The Golf Club' securely 'In Hand'. You cannot 'Ground Your Club' without a penalty as the 'Bunker Is A Hazard'.

QUESTION:

“OK! I’m confused! What about all the ‘Golf Tips’ that tell us about, ‘Open This Here and Turn That There?’” I thought you were supposed to ‘Open The Clubface AIM’ and adjust your ‘Alignment Open To Match’. This is an option and, if you elect to use it, the amount you ‘Open The Clubface AIM’ must match your “Open Alignment”. Then you simply naturally ‘Swing Down Your Foot or Body Line’.

ANSWER:

The ideal manner to make any ‘Golf Shot’ is with a ‘Square Clubface AIM’ natural and neutral ‘Alignment’ so that your ‘Hand PATH’ can flow across your ‘Body Line’. That means no ‘Manipulation’! Most ‘Bunker Antics’ involve trying to ‘Make Something Happen’ when this ‘Procedure’ is really one of the simplest no nonsense ‘Motions’.

So until you ‘Run Out Of LOFT’, ‘Clubs In Your Bag That Produce Trajectory or Ball Flight Angle Of Attack’ that you require, make the ‘SET-UP and EXECUTION’ very relaxed and normal! Only when you require more ‘Loft and Trajectory’ than your artillery provides, do you make any adjustments that induce more ‘Loft and Trajectory’! You may have a ‘60 degree Lob Wedge’ or even a ‘64 degree Extreme Wedge’ that enable more range of ‘Ball Flight Angle’. Good for you! Knew there was some reason that You bought that ‘X Wedge’ other than to weigh down your bag even more!

OK! So you now have run out of natural ‘Tool Provided Loft’. You need more height and a softer landing so you get no ‘Run or Roll’. Here is what you do. ‘Open Your Clubface AIM about 20 degrees’ and then ‘Open Your Alignment about 20 degrees’ top match and then swing smoothly ‘Down Your Body Foot Line’. You are relatively ‘Steep In The Back Swing, Down Swing and the ‘Follow Through’. That is where the saying “Start High Handed and Finish High Handed” originates. Your ‘Hand PATH’ is very influential on your ultimate ‘Ball Flight’. If you want to create a nice little ‘Bump & Run or Knock Down Shot’, one of the pure ingredients is to ‘Finish Your Hands Low’. I personally ‘Feel’ like these ‘Procedures Are Low Handed Punch Shots’ where I work them low to the ground with this ‘Hand PATH’ and, of course, an ‘ADt BALL LOCATION’ that naturally ‘De-Lofts The Clubface’.

Boy we are using lines! So let me finish with what I feel may be the ‘Guts Of This Tip’.

You have heard all about 'Lines In The Sand' anywhere from one to five inches behind the 'Ball' which denote where your 'Leading Edge' enters the sand. Well I don't like that technique. You can however! I simply look at the 'Top Of The Ball' which tells me where it 'Butt' is located. Then I know where the 'South Pole' is located as well. Then, after my 'Pre-Shot Routine' and 'SET-UP', I just always take out the sand half an inch below the 'South Pole Of The Ball' for any 'Bunker Shot' other than a 'Clean Pick Fairway Bunker Shot'. Make nothing more of it than that.

If you have any further questions, do not hesitate to contact one of the '555 TEAM'. If you are a 'Free Locker Room Member' you are entitled to have your very own 'Certified Personal Master Teaching Professional' and a lot more. Membership has its privileges!

'ASK US!' 'JUST DO IT NOW!'

Thanks for your time!

"Welcome Aboard!"

"Enjoy The Ride!"

Best Of Luck!

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