

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

OPTIMAL STROKE LENGTH

You cannot guess at your 'Energy Management'.

What is your 'Short Game'? In this writer's opinion, any strike within your 'Full Swing #PW' is in the 'Short Game' side of your bag. We should strive to hit our '5/10/15 Foot Circles' when within this range. **"Think You Can? Think You Can't? You will be correct!"** Our intention and attitude shapes our very core and daily behaviour. Plan properly and expect to succeed!

How many of you 'Guess At Your Distance Control' especially in your '**Short Game**' ... '**Putting, Chipping, Bump & Run, Knock Down, Punch & Pitch**'? How can one score by guessing, hoping and wishing? The answer is by 'Get Lucky Golf' which is unreliable and unsatisfying. This brand of golf creates 'Frustration' and drives good people away from the game! Don't be fooled by the self-serving advertising and 'Tales Told By Idiots'. They have an agenda that has dollar bills attached ... to them cash flow is more important than your and my happiness!

We have learned the '555 Inching Approach To Controlling Our Putting Length' (see 'The One Inch Rule'). Depending upon the 'Green Speed', we get between 1 and 2 feet of level 'Roll Out' per inch of 'Back Swing Stroke Length'. You shall learn your own formula, but define one! Don't guess!

Once we run out of the 'Inching Rule' (15-20 inches), and our swings get longer, we need to expand our 'Inching' definition and functionality. "How?" you ask.

Always 'Set-Up' properly using your '5 Set-Ups'. ('Posture, Grip, Stance, Ball Location and Alignment') When you make a short '5-10 Foot Putt', you will feel no elasticity or stretch in your 'Target Shoulder Deltoid Complex'. Your 'Brace Hand Travel Distance' is too short to accomplish stretch. Once your 'Brace Hand' reaches about your 'Brace Pocket', you shall feel a little comfortable stretch. This is what your '555 Team' refers to as 'Optimal Stroke Length' ('OSL'). Practise this 'Feeling & Mechanics' on average flat greens to determine your 'OSL Distance'. Remember to "CHASE" to your 'Intermediate Target Point', about 10-15 inches in front of the ball. Don't neglect this very easy pivotal discipline.

Once you perfect this 'Work Smart Approach', you shall be rewarded. My 'OSL' on average 'Flat Stimp' is about 65 to 75 feet. BTW, when I have perfected this 'OSL' stroke to 65-75 feet, I know where my 'Chipping, Bump & Run and Knock Downs' will roll out to with each 'Short Stick'! Next we can progress to proficient 'Body Clocking' and earn the respect that a terrific 'Short Game' provides. A solid 'Short Game' is no 'Get Lucky' event. Brains beat brawn!

"Welcome Aboard!"

"Enjoy The Ride!"

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