

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

HOW & HOW MUCH

Imagine and visualize making a normal 45 foot 'Chip or Bump & Run' knowing that you might elect to 'Putt' it. There are numerous methods and variations to the shot theme. Best we grasp all or most of them. One could 'Flop' that 15 yarder but do so with the risk in clear view. This writer thinks that the 'High, Soft, Full-Swing, Flop Shot' is the most dangerous shot in golf! You may or may not agree? "Always Reduce Your Risk!"

Think about your 'Power Sources' applying from 'Zero Pivot to Full Pivot Pressure'. (see 'Stage 3 Procedure') How much is needed for a 45 footer. (see ALSDR - 'Accumulate, Load, Store, Deliver & Release')

Do we utilize 'Wrist Cock'? How much is required for this 45 footer? (see 'Stage 2 Procedure')

Think about your 'Rocking Chair Shoulders' utilized in your 'Putting Procedure'. (see 'Stage 1 Procedure') We can 'Inch Our Stroke' up to and including the 'Optimal Stroke Length' ('OSL') for 'Chip or Bump & Run'. Then there is 'Thrust 1 / 2 and 3'. Do we need that additional 'Power or Energy'? Which one?

Do we apply any 'Flip Handed Motion or Pop'? (see 'Wrist Actions' – Wrist Cock [CLU], Wrist Hinge [BFB] and Wrist-Forearm Roll [TVR]) In this teachers thinking and discipline, "Almost Never!" When we get to active in our 'Quiet Triangles', we compromise primary 'Clubface Accuracy and Control'. Crap shoot golf is not dependable!

What is my point? You now have a multitude of 'Motion and Mechanical Options' above. Which ones do you use and how much of each? The least possible mechanical actions shall prevail! Remember the simplicity of 'Putting Generally Trumps Chipping, Bump & Run and Pitch.'

Strive to 'Reduce The Variables' and to 'Increase The Constants'. "Simplicity Rules Supreme!"

Every golfer, asked long enough to explain his or her dreams, will tell you 'To Become More Consistent' ... a laudable goal. Never give up!

"Welcome Aboard!"
"Enjoy The Ride!"

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