

555 Faults & Fixes

'PERFORMANCE EXCELLENCE'

ARMED WITH THE TOOLS

Your '555 Team' approach to '**Faults & Fixes**' is both very simple and highly predictable. Those are both good things in 'Golf' and 'Life'!

You know that we strive to understand 'Scientific Realities' such as '**The Physics Of Rotation**' and '**The Geometry Of The Circle**'. This material always applies.

There are aspects and elements that are 'Consistent' to every swing universally. '**The 555 System**' includes a very comprehensive application and foundation of these.

Whenever we come up against a 'Fault', the 'Fix' relies upon our knowledge of '**The 5 SET-UPS**', '**The 5 ESSENTIAL ELEMENTS**' and '**The Five 555 CONCEPTS**' which we call the '**Problem Solvers**'. Sounds like these three groups of five might be worthwhile noting as we get into yet another 'Faults & Fixes'. Here they are!

'The 5 SET-UPS' ...

1) 'Posture', **2)** 'Grip', **3)** 'Stance', **4)** 'Ball Location' and **5)** 'Alignment'.

'The 5 ESSENTIAL ELEMENTS' ...

1) 'Clubface AIM', **2)** 'Clubhead PATH', **3)** 'Clubhead SPEED', **4)** 'Sweet Spot' and **5)** 'Angle Of Attack'.

'The FIVE 555 PROBLEM SOLVING CONCEPTS' ...

1) 'The Golfing Machine Concept', **2)** 'The Tether Ball Pole Concept', **3)** 'The Balsa Airplane Concept', **4)** 'The Human Ratchet Set Concept' and **5)** 'The Dead Rope Concept'.

Equipped with these '**Three Groups Of Five**', we can tackle any '**Mechanical Golf Issue**' that arises in a logical and realistic manner. '**Faults & Fixes**' will become second nature.

SWING PLANE ERRORS TOO SHALLOW TOO STEEP

SET-UP vs. EXECUTION ISSUES

‘Swing PATH & Swing PLANE’ are very similar and inextricably joined at the hip!
They are virtually ‘One In The Same’ as ‘Fire Is To Fuel’!

‘Swing PATH’ may be viewed as ‘Two Dimensional’. It can be drawn on the ground. It is the ‘Route By Which Or Upon Which The Clubhead Moves’. As stated, this writer envisions there being a ‘Target Yellow Line’ running out the ‘Back Door’ of my ‘Tee Box’. It also extends all the way to and through the actual ‘Target’.

If your **‘Hand and Clubhead Take-Away’** is to the ‘Outside Of The Yellow Line’, your ‘Take-Away PATH’ is to the ‘Outside’. In this manner, with any ‘Lower Body Machine’ (‘LBM’) motion applied, you will almost surely respond or reflex with an ‘Inside Out Clubhead PATH’ as the ‘Loop At The Top’ is quite naturally effected. Jim Furyk makes this type of ‘Outside Take-Away’ which reroutes to the ‘Inside Out Clubhead PATH’ in the ‘Bottom Half Of The Swig Circle’, in the ‘Down & Out Swing Segment’.

There are only three **‘Clubhead PATHS’**. They are 1) ‘Square Square’, 2) ‘Inside Out’ and 3) ‘Outside In’.

‘Swing PLANE’ may be viewed as ‘Three Dimensional’. It has a height or Vertical Dimension’. It too can be drawn on the ground but has ‘Slope and Depth’ as well. This aspect is called the ‘Resultant Slope or Plane’.

‘Swing PLANE’ is the average of ‘The Up & Down’ (‘Vertical Motion’) and ‘The Round & Round’ (‘Horizontal Motion’).

It is the **‘Resultant Motion Line’** of the ‘Lower Body Machine’ (‘LBM’) contribution and the ‘Upper Body Machine’ (‘UBM’) contribution. If you put all the ‘Vertical Motion’ and the ‘Horizontal Motion’ smoothly, or even not so smoothly, together, you shall arrive at an average ‘Motion Line’. That is this ‘Resultant Slope or Swing Plane’.

If you are ‘On Plane’ you are employing the correct ‘Body Components’ to accomplish the correct ‘Procedures’. **If you are ‘Above or Over Plane’ or ‘Below or Under Plane’ you have made ‘Compensatory Moves’ that have modified your ‘Pre-Selected Goals’.** This is called **‘Manipulation’**. We must strive to not ‘manipulate’.

If we are ‘Above or Over Plane’ we may have been **‘Too Lifting In Our ‘Lever Assemblies’** (‘Hands, Wrists and Arms’). If we are ‘Below or Under Plane’ we may have

been **‘Less Or Deficiently Lifty In Our ‘Lever Assemblies’** in the ‘Back & Up Swing’. So, ‘Plane Errors’ can be the result of ‘Voluntary Movements In Our Lever Assemblies’.

‘Plane Errors’ can also be the result of ‘Set-Up Issues’. If one ‘Sets-Up’ too ‘Aft-Tilted’, the result, if not ‘Manipulated’, will likely be an ‘Under or Below Swing Plane’. If we are too ‘Forward or Target Tilted’ the natural effect will be that our ‘Hand and Clubhead PLANE’ will be ‘Over or Above Plane’. (see ‘Procedural Protocols’)

Thus, you can see that **‘The Tether Ball Pole Concept’** has full authority in this ‘PLANE’ business! You will also comprehend that **‘The Target Lever Dead Rope Concept’** has domain as well. (see ‘The Five 555 Problem Solving Concepts’)

‘Under or Below Plane Is Too Shallow’. (see ‘Angle Of Attack’)
‘Over or Above Plane Is Too Steep’. (see ‘Angle Of Attack’)

Both and any of these ‘Swing Anomalies’ are directly influential on your ‘IMPACT & SEPARATION’ and ‘Ball Flight’.

If you have any PATH or PLANE Issues’ you must be very scientifically focused and aware on your **‘SET-UP Parameters’**. Then, and only then, can you effect a ‘Mechanically Proper Take-Away’ that might enable the balance of the ‘Swinging Motion’ to unfold as planned and desired.

Your ‘555 TEAM’ wishes you well in any and all these ‘Golf Endeavours’!

‘Keep Working Hard and With Diligence’. You Shall Arrive Many Times In This Destination-less Golf Journey’!

You shall benefit profoundly!

“Welcome Aboard!”
“Enjoy The Ride!”

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

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