

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SWING PLANE & CLUBFACE AIM

Your '555 Team' shall soon produce a 'Video Library File' on this subject. It is tricky for almost all golfers unless they are mechanical specialists. I want to make this as simple and clear as I can.

How many of you have read Ben Hogan's Book ... '5 Lessons – The Modern Fundamentals Of Golf'? In this very good, but now slightly outdated literary contribution, ('Equipment and Fitness have and are changing.) there is an illustration of Mr. Hogan's standing at 'Address Ready', with his head through a hole in a big 8 x 8 pane of glass. The lower edge is resting on the ground. This is representative of the 'Target Line' and of the 'Base Line Of The Swing Plane'.

If you make a perfect 'Back & Up' and 'Down & Out' swing, especially in the 'Bottom Half Of The Swing Circle' ('BOSA'), your 'Clubface Aim' will be perpendicular to the 'Swing Plane' at all intervals or what your '555 Team' refers to as 'Swing Sequences and Segments'. If you follow this physical and scientific reality, your 'Clubface' will especially be square to the 'Swing Plane', to the 'Base Line Of The Plane' ... toe pointing slightly towards the ground and not to the sky at 'Swing Sequence #3 ... Shaft Horizontal To The Ground'. Why does this writer say "Especially"? Because so many ill-informed instructors teach 'Toe Up' at 'SS #3' and at 'SS #9'. A proper 'Grip' and 'Quiet Triangles' prevent this error.

Examine the 'Address Ready' position ('Swing Sequence #1 – Swing Segment #2B') and your 'Take Away' to the 'Shaft Horizontal To the Ground' position. (Swing Sequence #3) Note that you return to this 'Shaft Horizontal To The Ground' in the 'Down & Out' swing. (see 'Swing Sequence #7 and Swing Segment #2F').

Many instructors wrongly or problematically demand that you be 'Toe Up' ('Perpendicular To The Ground') at Swing Sequence #3'. That is NOT optimal. It is overly 'Handsy' and invites 'Fast Hands' through the 'Impact & Separation Zone'! That invites a bad case of the 'Pull Hooks' depending on an accumulation of circumstances and conditions. FYI, a 'Hook' requires an 'Inside-Out Clubhead Path' and 'Fast Hands' producing a 'Shut Down or Closed Clubface'.

You will have noticed that we are not overly concerned about the 'Clubface Aim' at Top Of Back Swing' ('TOB'). My time limited explanation? You must get back to 'Square, On Path and On Plane' through the 'Impact & Separation Zone'. How you accomplish this depend so how much punishment you can endure!

"Welcome Aboard!"
"Enjoy The Ride!"

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