

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SWEET SPOT & TEE HEIGHT

There is a popular slogan now that goes like this ... **"Tee It High & Let It Fly"**. Regardless of the great sound and message this portrays, **"Beware Of Wolves In Sheep's Clothing!"**

How high is optimal and for what club? Simple answer ... 'Not Too High'! It is this writer's learned, long-term opinion that 'All Clubs Should Brush The Grass'! Your 'Irons Pinch The Grass'! You 'Driver' sweeps the tee! With this discipline, you are never wondering where the 'Bottom Of Swing Arc' ('BOSA') is located! It is at your fully extended hands and arms!

Remember, each club has a 'Sweet Spot' ('Center Of Mass') that is nominally in the center of the face. The more 'Off Center' or 'Off Sweet Spot' you make your strike, the more 'Spin Rate' you shall create and the more 'Dispersion' you shall garner. Dispersion is not a good thing!

Those who 'Tee It High' often have big 'Rosies' along the top line of their driver face ... where the face meets the top plate. These high hits scar the paint and looks bad! Decreases the club's value! Makes bad ball flights! There are better options!

If you are 'One Of Those' who buys extra long tees (3.5 to 4.5 inchers) and uses every inch, you may want to reassess your logic? We all swing to our personal 'Bottom Of Swing Arc' ('BOSA') with every club and stroke. Most 'Full Swing Bottoms' are about under your 'Target Sternum'. Most 'Normal' (2" Tee) bottoms are just inside your 'Target Heel'.

If your teed ball is more than about 1/3rd above the 'Top Line Of Your Soled Clubface', it is too high! The higher you tee, the farther forward you must stick your 'Long Tee' in the ground. For me, the 4 inch tee places my ball on my 'Target Foot'! Farther forward demands 'Pivot Pressure'.

What is 'The Bottom Line'? You must get the ball in the way of the 'Speeding Sweet Spot'. If your ball is teed fully above the 'Top Line', you had better have your 'Ball Location' adequately forward! Beware of the 'Sky Ball' and lots of 'Side Spin Rate'!

Remember, 'Mother Earth' is the ultimate, consistent 'Bottom' and she will give you a 'Bounce' if you deserve one. Use her guaranteed bottom to your advantage. Don't tee too high!

Everything in moderation ... except FUN!

"Welcome Aboard!"

"Enjoy The Ride!"

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