

555 Faults & Fixes

'PERFORMANCE EXCELLENCE'

ARMED WITH THE TOOLS

Your '555 Team' approach to '**Faults & Fixes**' is both very simple and highly predictable. Those are both good things in 'Golf' and 'Life'!

You know that we strive to understand 'Scientific Realities' such as '**The Physics Of Rotation**' and '**The Geometry Of The Circle**'. This material always applies.

There are aspects and elements that are 'Consistent' to every swing universally. '**The 555 System**' includes a very comprehensive application and foundation of these.

Whenever we come up against a 'Fault', the 'Fix' relies upon our knowledge of '**The 5 SET-UPS**', '**The 5 ESSENTIAL ELEMENTS**' and '**The Five 555 CONCEPTS**' which we call the '**Problem Solvers**'. Sounds like these three groups of five might be worthwhile noting as we get into yet another 'Faults & Fixes'. Here they are!

'The 5 SET-UPS' ...

1) 'Posture', **2)** 'Grip', **3)** 'Stance', **4)** 'Ball Location' and **5)** 'Alignment'.

'The 5 ESSENTIAL ELEMENTS' ...

1) 'Clubface AIM', **2)** 'Clubhead PATH', **3)** 'Clubhead SPEED', **4)** 'Sweet Spot' and **5)** 'Angle Of Attack'.

'The FIVE 555 PROBLEM SOLVING CONCEPTS' ...

1) 'The Golfing Machine Concept', **2)** 'The Tether Ball Pole Concept', **3)** 'The Balsa Airplane Concept', **4)** 'The Human Ratchet Set Concept' and **5)** 'The Dead Rope Concept'.

Equipped with these '**Three Groups Of Five**', we can tackle any '**Mechanical Golf Issue**' that arises in a logical and realistic manner. '**Faults & Fixes**' will become second nature.

SWAY - SLIDE

These are 'Hip Girdle Lateral Moves' that, other than minimally, are 'Swing Errors' in the 'First Degree'!

The '**Sway**' takes place in the 'Brace Direction' usually in the 'Take-Away Load, Coil and Wind Phase'. There is a very little 'Weight Shift' taking place, but it is the results of 'Simple Rotation' and NOT any conscious effort to so called 'Weight Transfer'. I think this last term is 'Misleading and Dangerous'.

The '**Slide**' is really most often the 'Down & Out Swing Reflex Motion' to the 'Back & Up Swing Sway'.

This '**Slide**' effectively moves your 'Body or Pivot Centre' out ahead of the 'Ball Location' which directly and adversely affects 'RPM and Timing'.

When you 'Slide' and '**DO NOT Remedy This Error With Any Flip Handed FIX**', which is 'Deadly', your 'Resultant Ball Flight' will be a 'Straight PUSH or PUSH Fade To The Low Energy Side Of The Target Line'.

If you attempt to 'FIX' it, you will likely end up with a 'Pushed Draw Hook'. This 'Swing Error Combination' may work out occasionally, but more than likely not!

If you want to be '**Consistent**', keep your 'LBM' stable by '**Loading Your Quads & Glutes**' combined with good vibrant '**Captain EYES**'.

**"Keep Your LBM QUIET
and
Allow Your 'Lever Assemblies'
To Swing Around It!"**

You are onto something good here!

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24/7