## **555 GOLF ACADEMY** 'WHERE PASSION MEETS PERFORMANCE'

## **THE SPIRAL DRILL**

This is another very interesting and useful 'Bullet-Proof PUTTING Drill'. This drill will again make you look and play like a Pro with all the deserved benefits.

When you practise your most basic 'Straight Drill', do it on 'Dead Flat Ground' whenever possible. Why? Because 'All Putts and Chips Are Dead Straight Mechanically'. You need to learn how to make 'Dead Straight Shots' so you can make the 'Breakers or Down Hill Sliders' proficiently. Even when 'Mother Nature' presents you with a difficult 'Short Game Procedure', your 'Motion and Mechanics' are "Dead Straight'. Until you grasp this physical reality, your approach to the 'Short Game' will be compromised.

This 'Spiral Drill' can be on a slight slope. Don't overdo it!

This 'Spiral Drill' requires your trusty Putter, seven (7) high-quality playing Balls and seven (7) tees.



Place the first tee in the ground about two to three feet from the lip of the cup and try to get this first placement on 'Flat Ground'. If the green is sloping, start with the first putt's being straight even if it is either Up or Down Hill.

Next take one big step, either 'Clockwise or Counter-clockwise' (depending on the break and your needs) and make this step move slightly farther from the cup (about a foot) than the Distance the first tee was placed in the ground. In other words, if your first tee is two feet from the lip, set this one three feet away. Continue this 'Even Big Step' getting farther away for six more tees. Place Balls on each one of these progressively set tees.

You will now have a 'Spiral' or 'Arc Of Balls' with each getting progressively one foot farther away from the cup.

Now 'Read The Breaks', 'Calculate The Distance From The Hole', 'Apply The One Inch Rule', 'Make Three Brush Strokes', '**B.E.S.T.**' and 'Let IT Happen'. Don't look up! Listen for the 'Rattle'. "Your Eyes Do Not Move Until Your Hands Have Stopped!"

To apply some competitive pressure, each ball must get to the 'Bottom Of The Cup' in one stroke. (or two if your are struggling) before you can go home for supper. With two players, make each one for one of those 'Thin Dimes' and set carry-overs for ties. Make it a 'Skin Game or Match'. Again you'll feel the beads of sweat squeezing out of the pores of your forehead, especially if it is already hot outside!

Optionally, you can make each tee in the 'Spiral' get two feet farther from the lip each time, instead of one. Lots of flexibility!

The more adverse, out of level, the 'Putting Surface', the more you are going to have to work at making these 'Putts' happen. You can adjust your 'Slope and Break so that torture is a reality and punishment is a common feeling!

This is really a great 'Bullet-Proof PUTTING Drill' that will never go out of style.

You are really looking professional!

Welcome Aboard! Enjoy The Ride!

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