

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SPIN RATE & CURVATURE

There are only three 'Rotational Conditions' available in a spherical object like a golf ball. They are 'Zero Spin Rate' ('on any axis'), 'Side Spin' on the 'Vertical or North South Polar Axis' and 'Under or Over Spin' on the 'Horizontal or Equatorial Axis'. That is all there is!

If you are a right hander and you accomplish 'Side Spin Left To Right About The North South Polar Axis' ('Clockwise') you will create 'Curvature' in your 'Ball Flight' from left to right. Curvature will be in the direction of the spin. (see 'Bernoulli's Theorum')

If you are 'Set-Up' with your 'Target Line' dead at the target ('B'), with your 'Clubface Aim' also dead at the target ('B') and with your 'Body or Foot Line' also 'Parallel To The Target Line', with a proper 'Ball Location', you should accomplish a straight 'Ball Flight Line'. The Ball is 'A' so we call this 'A to B Golf'. Hitting straight lines is a marvelous accomplishment!

If you 'Set-Up' the very same way but with a very slightly 'Open C/F Aim' ('GRIP'), you will accomplish a slight 'Cut Fade Curvature' towards the 'Low Energy Side' of the 'Target Line'.

If you 'Set-Up' the very same way but with a very slightly 'Closed C/F Aim', you will accomplish a slight 'Cut Draw Curvature' towards the 'High Energy Side of the Target Line'. We call this creating 'Swinging Motion On Path & On Plane'. ('Path = I/O, SQ/SQ, O/I')('Plane = Below, On, Above')

Grasp this even if you have to read it over and over! It is a key aspect to always swing as naturally as possible. That means we always swing 'Along or Down Our Body Line' parallel to our '5 Alignment Axes' ... Feet, Knees, Hips, Shoulders & Ears'. Anything other than that is 'Manipulation'. Avoid any created push pull swing error! Questions? Call your teaching professional!

If we want to amplify or increase our 'Fade Curvature', with the same 'C/F Aim' as used above, we can 'Open Our Body Line' and swing down it. If we want to amplify our 'Draw Curvature', we can 'Close Our Body Line'. This alteration of 'Body Line' increases the 'Cut Action or 'Oblique Strike' of the 'Clubface' to the ball. (see 'Friction or Cut vs. Compression')

Let your 'Set-Up' create your 'Ball Flight Movement'.

"Welcome Aboard!"

"Enjoy The Ride!"

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