

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SOME THINGS TO THINK ABOUT

This lesson is on the importance of making pure, ball-first followed by the club's meeting Mother Nature contact that results in a penetrating ball flight. We must more 'Pinch The Ball Off The Grass' than to lift it off the ground. The big advantage of hitting 'The Little White Ball' like this, as players do, is to create 'Compression and Line Of Compression' ... to control our 'Ball Flight'. If you have any questions, even seemingly unimportant ones, "AskUs!"

You can hit from fairway bunkers, poor lies or even divots nearly as well as from a perfect lie. You can have a long, flat, 8 to 12 inch, leg-driven spot at the bottom of your swing so even if your ball position is out slightly, the ball will still fly relatively straight, and you will still have clean contact. (see 'The Pivot Pressure and Down Force Line') You can hit penetrating shots that are not affected by the wind compared to the all-too-common loopy, 'swikey' or slice ball flight. You can easily play low, boring and controlled punch shots. You can create all around better golf swings. You hit the ball straighter as you hit more squarely and produce less side spin.

This is a player's release of the club and way of contacting the ball. Unfortunately long, soft, swings without 'Leg Drive' and 'Bend & Straighten' will not produce your desired ball flight. They produce inconsistent results with fades, slices, draw, hooks, pushes and pulls, as well as thin and fat shots. This is the kind of results that will rarely make any golfer happy.

Heading in the direction of a 'Player's Performance' you need reliable balance for precise contact using your 'Captain Eyes' to their fullest. (see 'Stable Head' - 'The Tether Ball Pole Concept') You need to know how to control and optimize your swing length to match your distance needs. You need to 'Visualize Your Intended Shot' and know how to 'Paint A Positive Mental Picture'. You must have a professionally-designed 'Set-Up' and 'Pre Shot Routine' that invites your swinging and hitting like a top ball striking amateur or pro without getting bogged down in technical, tempo destroying swing thoughts. You must 'Master Golf Basics' which enable the correct hand and arm movements around a disciplined 'Lower Body Machine' ('LBM'). This simplicity will help you to stay more 'Pivot Stable and Spinally Centered' with you swing helping you to produce more pure contact and predictable shots.

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7