

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

CLUBFACE AIM CONTROL

bountiful simplicity

What 'Human Golf Body Machine Component' controls the golf club's 'Clubface Aim At The Moment Of Separation'? (see 'Open, Square & Closed')

The 'Target Hand Grip' controls and, once this is established, the 'Flat Target Wrist' creates 'Clubface' stability through the 'Impact & Separation Zone'. A simple thought that helps me make efficient predictable golf shots is that 'The Ball Goes Where The Back Of My Target Hand Is Pointing'. The uncontrolled 'Flip Handed Delivery' is a well-known 'Golf Death Move'. This leads to what we so menacingly refer to as 'Grenade or Get Lucky Golf'. No bargain!

We can make our 'Grip Configuration' stronger or more loaded by rotating the 'Thumb Index Finger Line or 'V' towards the 'Brace Shoulder'. It is weaker as that 'V' gets rotated or positioned closer to the 'Sternal Center' of the 'Chest or Thorax'. Remember that the overall 'Golf Lower Body Machine Pivot Center' ('LBM') falls between the 'Target Hip Socket and the Target Sternum'. That will culminate with your 'Pivot Center' being about on the 'Target Clavicle'. It varies from individual to individual.

Also remember that the 'Human Wrist Hinge' moves through three dimensions. It can 'Cock & Un-Cock' ('CLU'), 'Bend & Bow' ('BFB') as well as 'Turn and Roll' ('TVR'). All of these positions or configurations directly affect the 'Clubface Aim' and direction of ball travel.

Keep in mind that the ball is always struck at the 'Bottom Of Swing Arc' or 'BOSA'. We can only get there efficiently with 'Brace Lever Down Force' (see 'Bend & Straighten') that 'Extends The Lever Assemblies' into 'Straight In-Line Arms' and 'Joints'. This down thrust also creates 'Closing Face Rotation' around the 'Radial-Ulnar Bone Pair or Compound Axis'. The 'Rotation' helps significantly to 'Square Up The Clubface' to its 'Pre-Selected Delivery Configuration' (see 'Impact Fix'). Real players don't just 'Get Lucky'!

Quiet 'Hand, Wrist and Forearm Triangles' are key to 'Ball Flight Control' and low scores. Master and enjoy!

"Welcome Aboard!"

"Enjoy The Ride!"

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