

# 555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

## 'SHORT GAME DRILLS'

### SHORT GAME LOB - #8 IRON LOGIC

All 'Golf Shots or Procedures' are really very '555 Golf' methodical and logical if you take the time to learn the simple reliable system. Let us look at the '**Bump & Run #8 Iron**' and the '**60 Degree Lob Shot**'. They both move 'Golf Balls' in a 'Direction' over a 'Distance'. Let us examine each 'Procedure' making a 40 foot shot. This is the 'Common Control Factor'.

By definition, '**The B&R Is A Chip Shot**'. This 'Procedure' has a lot more 'Ground Time' than 'Air Time'. Thus it is a 'Rolling Shot' and not a 'Flying Shot'. When a 'Golf Ball' is on the dance floor behaving like a 'Putt' it is generally quite well behaved!

The '**Bump & Run #8 Iron**' require a relatively 'Compact Stroke' ('Brace Hand Travel Distance') and the ball rolls very much under control across the ground. It is a relatively safe '**Low Energy Procedure**'. The higher the 'Ball' flies, the more 'Energy' is required and the greater the exposure to risk. The risk of '**Blading or Skulling The Ball**' is very real but not overly risky. A little '**THIN**' will not do you in! Just runs a little farther!

The '**60 Degree Lob Shot**' requires a relatively 'Big Stroke' ('BHTD') thus a lot more 'Energy' and thus a lot more 'Risk'! You must be far more precise by the very nature of the 'Lofted Clubface With The Very Exposed Leading Edge'. If you strike the '**Ball Slightly Thin**' you will 'Skull The Ball' or 'Blade' it into the next county! 'FAT' digs in worse than a #8 Iron'!

A useful '**Bullet-Proof Drill**' to examine these two 'Procedures' is to take eight 'Golf Balls' on the fringe or light rough and to strike four with your '#8 Iron' to 40 feet. Then, immediately launch the remaining four to the same target with your '60 Degree Lob Wedge'. You will find distinct differences. The #8 Iron stroke is, as stated, quite 'Compact' but still balanced and 'Rhythmic'. The 'BHTD' is shortish! (see 'Body Clocking') The rolling 'B&R' profile requires relatively 'Low Energy'. Alternately, the '60 Degree Lob Wedge' stroke is very much higher pitching trajectory. This requires significantly 'More Energy' and thus a far greater 'BHTD' or much longer stroke. Your '555 Team has a great saying. "**The Farther You Get Away From The Dog House, The Harder It Is To Get Back To It!**" The risk in a 'Big Swing' is greater than in a smaller swing. The 'Lob Shot' is much higher risk than the very controlled 'B&R Procedure'.

### SATISFACTION GUARANTEED

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