

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SETTING UP 4 SUCCESS

A good 'Set-Up' married to a weak swing will likely make you happy! A poor 'Set-Up', single or married, shall soon get you a divorce!

You can accomplish this logical 'Set-Up' task with relative ease if you simply follow your '555 Team Lead'. But, you cannot if you are not properly informed and trained. You need that 'Open Mind' we spoke about early on!

You know 'The 5 Set-Ups' ('Posture, Grip, Stance, Ball Location & Alignment') and 'The 5 Essential Elements' ('Clubface Aim At The Moment Of Separation, Clubhead Path, Clubhead Speed, Sweet Spot & Angle Of Attack'). What can be simpler and more beneficial to YOU? Very little!

Once 'Properly Set-Up' ... 'In Custom Balance 4 YOU' ... what remains to be done?

Stay 'Chin & Chest Tallish' ('Posture') while 'Sweeping the Clubhead Sole Across The Grass For The First 8-12 Inches Of Your Quiet Triangular Tale-Away', then making 'One Smooth Move Back & Up' to the 'Top Of Back Swing' ('TOB'). More Logic? If you complete a proper 'Back & Up Swing' you shall very likely be able to accomplish a properly sequential, confident, comfortable and consistent 'Down & Out' or 'Front Swing'!

At this point, while "Breathing Out", you must say your 'Little "&" Word' that helps accomplish 'Tempo, Timing and Rhythm'. You need a moment for your 'Lower Body Machine' ('LBM') to get a head start on the 'Upper Body Machine' ('UBM'). This moment is called 'The Transition'. It makes what we refer to as 'LBM Lead' and 'UBM Lag' possible ... a key reality. Remember, your 'Hands Get To The Ball Before The Clubface'. Also, 'The Ball Goes Where Your Hands Go'!

Keep these keys in mind!

"Welcome Aboard!"
"Enjoy The Ride!"

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