

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

SCIENCE BASED

not just preference and conjecture

Your chosen 'Golf Method' must satisfy science ('The Physics Of Rotation' and 'The Geometry Of The Circle') or you are in for a rough and frustrating ride. Golf is a 'Cause & Effect' activity. 'Ball Flight Laws' are key! 'Ball Flight' proves our 'Set-Up' and the proper implementation of the '5 Essential Elements'. These two groups are in every swing worldwide. Worthy of our time and focus! Golf reality is 'Variables & Constants'. Strive for the latter!

However, it is important, not imperative, that what you are taught fits your individual physical and mental needs. It is a significant error for any instructor to attempt to make a Stadler swing like an Els. 'Swing Modeling' has been a trend in the wrong direction for decades. The cause is 'Video Analysis'. It is this writer's opinion that 'High Speed Video Capture' ('HSVC') is a flawed approach for numerous reasons. This technology should be used at appropriate times and not as a general teaching and marketing diet. If you impose 'Modeling' you shall inevitably cause frustration and 'Soft Tissue Injury' ('STI'). Neither is good!

The '555 System' is a marvelous time tested and proven platform for learning golf by 'Mastering Golf Basics'. The '5 Set-Ups' and 'The 5 Essential Elements' are not optional. They are imperative. If we 'Set-Up On Plane' ('Forward Inclination & Aft Tilt'), we shall swing 'On Plane'. One cannot guess our way to a successful golf swing. We must 'Set-Up For Success' or waiting for a 'Get Lucky Outcome' may take a while. The problem with this flawed approach is that the student often falls prey to the 'Frustration Quotient'. Then, sooner or later, it is over!

Teachers must teach what is mechanically correct for the student and not necessarily what has worked for them or another client. Whims change with the wind. Fundamentals do not!

Remember, that the basis for our entire golf regimen stems from our 'Putting Stroke Procedure'. (see 'Stage 1') It is absolutely true that 'I Drive As I Putt'. Grasp this solid foundation and you shall be accomplished more quickly and predictably. Hit the ball where you are looking!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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