555 GOLF EDITORIALS 'PERFORMANCE EXCELLENCE'

R U FAT

Pretty Darn Personal?

Fat and Thin are chronic golf maladies. They are almost pandemic!

Hitting your ball 'Left or Right', to the 'High or Low Energy Side Of The Target Line, is called 'Direction and Shape'. We golfers like good shapes ... in golf too!

Hitting your ball 'Short or Long' is another performance challenge. This is known as 'Distance'.

'Fat' (obese or otherwise) is not a good thing!

If you dig a trench 'After or In Front of the 'Ball Location', you may be happy! Ball's already gone! If you scar up 'Mother Nature' before the 'Ball Location', you will not be pleased. May need a shovel?

The well defined task is to 'Hit The Ball On The Screws' or what is more commonly known as the 'Sweet Spot'. That is where 'Energy Transfer' is optimally efficient and 'Clickers' happen!

To accomplish this task, one must control 'Posture' with firstly a 'Tallish Chin and Chest' ... what your '555 Team' refers to as 'Matador Proud'. Then and only then can you 'Extend Your Lever Assemblies' ('Hands. Wrists and Arms')(see 'Tether Ball Pole Concept' and 'The Target Lever Dead Rope Concept')

With a 'Tallish Chin & Chest' supporting your 'Shoulders Sockets & Levers', you can find the 'Bottom Of Swing Arc' ('BOSA') and 'Ball Location' with reliable ease! Once you have established 'Impact Fix' ("AskUs!") with some 'Hover' (3/4 to 1 Inch), you are ready to accomplish your 'Take Away'. With these conditions accomplished, you are reliably capable of returning the 'Sweet Spot' to the butt of the ball. Help me! Please remember that your 'Soft Lever Tissues' will grow longer under centripetal force.

Here is the wonder of this '555 System'. If you hit FAT' you dropped your 'Tallish Chin'. If you hit the ball 'THIN' you looked up and suffered from what we refer to as 'Ocular Bail-Out'. That happens when you turn your head and stand up from your 'Set-Up' to look at the 'Far Target'. One of the causes of this 'FAT THIN Malady' is altering 'Knee Flex' during the 'Back & Up' or 'Down & Out' swings. 'Quiet Feet & Triangles' are really sound contributors to 'Tether Ball Pole' control. 'Master Golf Basics'. Remember, your 'LBM' creates all the 'Horizontal Round & Round' and no 'Vertical Up & Down'. There is violation of these keystone rules unless you suffer from a golf death wish!

"Welcome Aboard!" "Enjoy The Ride!"

SATISFACTION GUARANTEED

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