

# 555 GOLF EDITORIALS

**'PERFORMANCE EXCELLENCE'**

## **THAT IS NOT PRACTICE**

Just rolling golf balls around a green is not 'Practising With A Purpose'.

"How can I best improve and get proficient?" you ask.

Here is a proven succession of 'Putting Drills' that will absolutely guarantee your improvement leading to more FUN out there! We can lead a horse to the water, but we cannot make it drink!

- 1) 'Master 3 Footers' so the '3 Foot Circle' becomes functionally bigger than it is now. Once this is accomplished we can expand our 'Bullet-Proof Drill' repertoire using the following drills and bigger circles. Golf is simply 'Distance & Direction'.
- 2) 'The Fall Line Drill'. This drill enables us to determine where the dead straight 'Up Hill Putt' is located. Once known, you will grasp more about all the various breaks around the '3 Foot Circle' and have a distinct advantage over your competitor.
- 3) 'The 4 Corner Drill'. This simply enables you to test and prove the efficacy of your 'Fall Line Drill'. All putts are the same length and usually with different breaks.
- 4) 'The Circle Drill' is an expansion of 'The 4 Corner Drill'. Use perhaps 5 or 6 points.
- 5) 'The Spiral Drill'. This enables you to practise variations in 'Distance & Direction' ... what 'Putting' and the 'Short Game' is all about.
- 6) 'The Optimal Stroke Length Drill' ('OSL') enables us to increase our small strokes into what will produce a 'Consistent Elongated Stroke On Demand'. If you effect your 'Brace Hand Take Away' to a point whereby your 'Target Shoulder Capsule or Deltoid Segment' is in slight tension (about 'Brace Hand' to your 'Brace Pocket') you can repeat this procedure on demand. If you need more 'Putting or Chipping Distance' you do not make your swing bigger than 'Optimal'. You simply add some 'Thrust' created by an accelerating 'Brace Shoulder Drop' in the 'Down & Out Segment'. This naturally leads you to the ability to make 'Bump & Runs', followed by 'Knock Down and Punch Shots'. Thereafter you shall expand to 'Pitching and Full Swings'.

Simply join the 'Locker Room' and we shall promptly provide details of these 'Bullet-Proof Drills'. You will be happy you became part of the '555 Inner Circle Club'.

**"Welcome Aboard!"**

**"Enjoy The Ride!"**

**SATISFACTION GUARANTEED**

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