

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

PUTTING OPTIMIZATION

Getting the most out of 'Who' and 'What' we are demands understanding so we can repeat good habits and events. 'Systemization Is Essential'. The 'Laws Of Nature' do not generally repeat by accident!

Take a look at 'Putting' for a moment. This 'Smallest Of Stroke Procedures' is the base line or foundation of each one of our games. "I DRIVE AS I PUTT". (see 'The 5 Essential Elements') 'The Short Stick' is a primary source of 'Golf Pleasure'. To excel at this 'Dance Floor Art Form', we must be mechanically stable. We must reduce the 'Variables' and increase 'The Constants'. 'Crap Shoot Putting' is a myth!

Putting is simple 'Distance, Speed and Delivered Energy' combined with "Clubface Aim and Clubhead Path'. These factors are determined by or during our 'Pre Shot Routine'. ('PSR')(see 'The 8 Step Putting Pre Shot Routine')

'Distance or Weight' is more important than 'Curvature or Break'. 'Weight Controls Curvature' ... when and how much. If you do not control the 'Energy State', you will never achieve predictable 'Break' and your 'Putting Dreams' shall allude you. You remember that 'Break happens during the last '1/3rd Of The Putting Stage' ... when the 'Ball Rolling Velocity' ('BRV') is reducing. If you hit a ball too had, you will likely hit it 'Through The Break' meaning it will break too late.

Without basics, you will not optimize and your golf happiness will fall prey to mediocrity. You will post 'The Same Old Same Old' scores for decades. In fact your pencil and paper shall degrade as you age without grace!

Fight this predominant scoring demise off with 'Work Smart' ... your very soul and promise!

**"Welcome Aboard!"
"Enjoy The Ride!"**

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