

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

ANCHORING

Anchoring has been a current controversy in 'Golf Rules'. It has been resolved. As of January 1, 2016 one can no longer 'Anchor' a putter ... have it contacting the body in more than two places. That means in the 'Grip' (two hands or locations) and touching the body anywhere on the 'Abdomen or Chest' ('Core'). This specific triangular contacting has been deemed by the USGA and the R&A as an unlawful benefit and now as a banned activity.

Some say it is beneficial and others say it is not. This method was available to all golfers, so, in that way, it was totally fair. Now it is no longer available.

How can we overcome that new legislation? How can we still avail ourselves of some anchoring or similar procedure? You can have the 'Grip' in contact anywhere on your 'Target Arm'.

If you were a 'Sternum Anchor' person, you can still hold your 'Top Hand' just off your chest, in a stable manner, and make the same stroke as usual. It is virtually the same procedure.

Another way that your '555 Team' has been promoting for decades is to have your 'Brace Elbow' contact your 'Brace Rib-Cage or Side' during the 'Take-Away', the 'Back & Up Segment', while maintaining that contact through 'Impact & Separation'. This simple maneuver makes a significant difference to 'Floating Elbows' or erratic 'Lever Triangles'.

Remember, if your 'Lever Triangles' are changing shape radically during your 'Golf Swing' you shall have compromised 'Clubhead and Clubface Control'. If so, your 'Ball Flight' shall become less predictable. Your score shall surely become higher than desired ... less 'Golf Happiness'!

Try this very simple little trick or method!

You may be onto a new '555 Discovery' that works for you!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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