

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

PUTT, CHIP, BUMP & RUN

When one is making any stroke it is important to have '**The 5 SET-UPS**' and '**The 5 ESSENTIAL ELEMENTS**' very much front and centre. These ingredients are functional in every single 'Golf Swing' ... anywhere, anytime! Don't leave home without them!

Also remember that every 'Golf Shot' is a matter of '**A To B In A Straight Line!**' A 'Round Of Golf' is simply about 'Connecting A Predetermined Series of Dots' located about a golf course. Connecting the dots keeps you 'In Play'! A good personal scoring objective is to '**Keep Your Ball In Play!**'

'**The Putting Stroke Is The Simplest Stroke In The Game Of Golf**'. You do NOT have to be a great athlete to be a great 'Putter'. '**All Putts Are Dead Straight!**' Thus spend most of your time working on 'Dead Straight Flat Putts'. '**Making Breakers Is More About Green Reading Than Mechanics!**'

'**Putting Is A Matter Of DISTANCE & DIRECTION**'. 'Direction' is more easily accomplished than '**Distance or Weight**'. We must always strive to improve our '**Distance or Energy Control**'.

'**The ONE INCH RULE**' is a direct help in this regard. When this 'One Inch Rule' is extended or grows out past about 15 feet, we then call it '**BODY CLOCKING**' which is useful for 'Chipping, Bump & Run and Pitching'.

These two 'Energy Control Concepts' are based on our '**Brace Hand Travel Distance**' ('BHTD'). The farther your 'Brace Hand' moves away from the 'Ball', the more 'Energy' you '**Load and Store**' (see 'ALSDR') in your stroke and the farther the ball will be propelled. (see 'The Balsa Airplane Concept')

'**PUTTING PROTOCOLS**' include a '**Forward BALL LOCATION**', '**Balanced, Neutral Grip Pressure**' and '**Even Weight Distribution**' upon your feet. (see 'The 5 SET-UP')

'A Putt Is All Roll, Run or Ground Time'!

'A Chip Is A Putt With A Hop!' ('Air Time') The hop is created with 'Club Selection' or by 'Factory Loft'. The basic stroke is the same as a 'Putting Stroke'. The '**CHIPPING PROTOCOLS**' include two minor changes from 'Putting'. The '**BALL LOCATION Moves Slightly Aft**'. The '**Weight Distribution Upon Your Feet Shifts Slightly Forward**'. This invites or induces a slightly more 'Descending Steeper Angle Of Attack' and a positive ball strike. One should 'PINCH' and not 'Pick Chips' off the ground!

'**A Bump & Run Is A Longer Chip**'. The increased length comes from making a 'Longer Take Away' or utilizing more 'Brace Hand Travel Distance' ('BHTD'). This amplified take away simply '**Loads and Stores More Potential Energy**' which, when applied, makes the 'Golf Ball' go away farther. Not rocket science! The shape of the 'Ball Flight' is primarily determined by 'Factory Loft'.

SATISFACTION GUARANTEED

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