555 GOLF EDITORIALS 'PERFORMANCE EXCELLENCE'

PRE-SET YOUR TALLISH CHIN

Jack Nicklaus Did

Do you remember what we need to know and do with our 'Stance'? Not too wide as that inhibits our 'Pivot Load & Release'. It may feel powerful and stable, but it is NOT when considering that our 'North South Pole – Spinal Column and Hips' ('Lower Body Machine' – 'LBM') functions in a 'Round & Round' platform. A 'Wide Stance' is strong side to side but weak front to back.

Also, we must 'Flare Our Target Foot' 45 or more degrees for a 'Full Swing'. How will we know what is optimal flare? "AskUs!" The '555 Team' knows! This flare enables our 'Pivot Release' ... horse power delivers back to front ... 'Brace Side To Target Side'. You must 'Steer So You Can Clear'. If we want to travel through the 'Pivot Gate', we must first 'Open It'. We cannot walk through a closed gate!

Similarly to 'Pre-Setting Our Stance', so we can 'Load & Release', we would be well advised to get our 'Tallish Chins' ready to contribute. If we are 'Turned Target-ward' with our 'Chins', this position ('Posture') will block our 'Coil or Turn & Lift' aspect, our turn to the 'Brace Side'. It is important to remember that this is a good thing when considering the 'Pivot Release' ... letting the 'Pivot Engine Fire or Release'. (see 'Accumulate, Load, Store, Deliver & Release' 'ALSDR' – 'The Golf Power Train') I know! ... "More to learn Dr. Fischer!" Well just "DO IT!"

Now, the other side of the coin! This golf mechanics is about Newtonian science and physics, so we must be thorough. If we are 'Chin Tallish Pre-Set' to the 'Brace Side' it invites a bigger 'Load Coil'. A good thing? Not as good or nearly as important as your 'Target Release Side'. 'Abbreviated Swings' are better overall than much 'Longer Ones'. ("AskUs!")

Again, our 'Abbreviated Back & Up Swing' is a real asset! Over swinging and out of balance is NOT!

What do you need in order to promote 'Release Of The Clubhead'? You must have 'Set-Up' to release your 'Pivot' first ... 'From The Ground Up' and 'From The Inside Out'. Very important underlying truth! If your 'Pivot & Load Coil' does not release first, how shall you 'Release Your Hands, Arms and the Clubhead'? I can tell you! By using that nasty old 'Flip-Handed Delivery'. **YUK!**

The less action or motion in the 'Hands, Wrists and Arms' ('Lever Assemblies') the better! Quiet Triangles are a huge benefit when considering 'Stable Clubface Aim and Ball Flight Control'.

"Welcome Aboard!" "Enjoy The Ride!"

SATISFACTION GUARANTEED E-Mail: <u>AskUs@555golf.com</u> WebSite: <u>555golf.com</u>

Telephone: (817) 673-8888 24/7