555 Faults & Fixes 'PERFORMANCE EXCELLENCE'

ARMED WITH THE TOOLS

Your '555 Team' approach to 'Faults & Fixes' is both very simple and highly predictable. Those are both good things in 'Golf' and 'Life'!

You know that we strive to understand 'Scientific Realities' such as 'The Physics Of Rotation' and 'The Geometry Of The Circle'. This material always applies.

There are aspects and elements that are 'Consistent' to every swing universally. 'The 555 System' includes a very comprehensive application and foundation of these.

Whenever we come up against a 'Fault', the 'Fix' relies upon our knowledge of 'The 5 SET-UPS', 'The 5 ESSENTIAL ELEMENTS' and 'The Five 555 CONCEPTS' which we call the 'Problem Solvers'. Sounds like these three groups of five might be worthwhile noting as we get into yet another 'Faults & Fixes'. Here they are!

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'The 5 SET-UPS' ...
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1) 'Posture', 2) 'Grip', 3) 'Stance', 4) 'Ball Location' and 5) 'Alignment'.

'The 5 ESSENTIAL ELEMENTS' ...

1) 'Clubface AIM', 2) 'Clubhead PATH', 3) 'Clubhead SPEED', 4) 'Sweet Spot' and 5) 'Angle Of Attack'.

'The FIVE 555 PROBLEM SOLVING CONCEPTS' ...

1) 'The Golfing Machine Concept', 2) 'The Tether Ball Pole Concept', 3) 'The Balsa Airplane Concept', 4) 'The Human Ratchet Set Concept' and 5) 'The Dead Rope Concept'.

Equipped with these 'Three Groups Of Five', we can tackle any 'Mechanical Golf Issue' that arises in a logical and realistic manner. 'Faults & Fixes' will become second nature.

"Welcome Aboard!"

"Enjoy The Ride!"

POOR RHYTHM

Rhythm is the soul of every good golf swing. The main thought of a 'Professional Golfer' when he/she is swinging is an awareness of their rhythm. Poor rhythm will not allow even the most orthodox of swings to perform to its full potential. On the other hand good rhythm will allow you to get the very most out of your own golf swing.

'Rhythm' and 'Timing or RPM' are virtually meant to be spoken in the same breath. You must 'Complete your 'Full Back Swing Coil' in order to make a 'Full Front Swing Delivery & Release'. When and if you attempt to do otherwise, you will certainly fall prey to 'Rhythm, Timing & RPM Issues'.

Disadvantages:

Inconsistent striking ...
Poor performance under pressure.

Check:

Hit ten balls with a focus only of paying attention to the timing in each swing – by highlighting one area only you will be able to establish if this a problem area for you.

Remember to say your 'Key or Trigger Words' ... "ONE & THROUGH"

This produces a 'Mental Metronome Effect' which enhances 'Rhythm, Timing & RPM'.

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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