

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

PIVOT STABILITY

It is 'The 555 Academies' opinion that a stable 'Spinal Column or Lower Body Machine Core' during a 'Full or Less Than Full Swing' (including 'Putting') is, without specific knowledge and proper process, a random event that can be automatically improved over time. If you categorize all your swings as worst, poor fair, good, better and best, you shall find your average being 'Fair'. You deserve 'Better'!

In order to score satisfactorily you need understood simplicity and trusted repeatability.

If you accomplish enough swings with the desire to make them better, they shall get better! (see 'The Tether Ball Pole Concept') But the question is "Will My Swing Stand Up Under Fire?"

To make the 'Sweet Spot' of your 'Clubhead' start at and return to the 'Bottom Inside Cheek' ('BIC') of the 'Little White Ball', you must get and keep some things stable. Getting two pea sized spots together at speed is no easy feat. If the top of your 'Tether Ball Pole' is unstable, so too will be your 'Sweet Spot'. You will not enjoy these outcomes.

To keep the 'Top Of Your Tether Ball Pole' stable in space, may we suggest that you focus on one dimple in the 'BIC'. "See The Ball Come Off The Aimed Clubface", while "Breathing Out" and "Swinging THROUGH and not AT The Ball". A great part of this 'Smacking A Golf Ball' efficiently is what your '555 Team' refers to as 'Ocular Acuity'. Golf is an 'Eye Hand Coordination Skill' ... so you need the 'Captain Eyes' collecting data in order to run the 'Hands'. Makes good sense right?

Your 'Eyes' will immediately sense small movements and instability. Thus, setting up properly, using 'The 5 Set-Ups' (including a 'Tallish CHIN, Stable Knee Flex and Firm Footing' ... vertically and laterally) will put you on track towards improved 'Impact' and more happiness.

Enjoy!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

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