

# **555 Faults & Fixes**

## **‘PERFORMANCE EXCELLENCE’**

### **ARMED WITH THE TOOLS**

Your ‘555 Team’ approach to ‘**Faults & Fixes**’ is both very simple and highly predictable. Those are both good things in ‘Golf’ and ‘Life’!

You know that we strive to understand ‘Scientific Realities’ such as ‘**The Physics Of Rotation**’ and ‘**The Geometry Of The Circle**’. This material always applies.

There are aspects and elements that are ‘Consistent’ to every swing universally. ‘**The 555 System**’ includes a very comprehensive application and foundation of these.

Whenever we come up against a ‘Fault’, the ‘Fix’ relies upon our knowledge of ‘**The 5 SET-UPS**’, ‘**The 5 ESSENTIAL ELEMENTS**’ and ‘**The Five 555 CONCEPTS**’ which we call the ‘**Problem Solvers**’. Sounds like these three groups of five might be worthwhile noting as we get into yet another ‘Faults & Fixes’. Here they are!

#### **‘The 5 SET-UPS’ ...**

**1)** ‘Posture’, **2)** ‘Grip’, **3)** ‘Stance’, **4)** ‘Ball Location’ and **5)** ‘Alignment’.

#### **‘The 5 ESSENTIAL ELEMENTS’ ...**

**1)** ‘Clubface AIM’, **2)** ‘Clubhead PATH’, **3)** ‘Clubhead SPEED’, **4)** ‘Sweet Spot’ and **5)** ‘Angle Of Attack’.

#### **‘The FIVE 555 PROBLEM SOLVING CONCEPTS’ ...**

**1)** ‘The Golfing Machine Concept’, **2)** ‘The Tether Ball Pole Concept’, **3)** ‘The Balsa Airplane Concept’, **4)** ‘The Human Ratchet Set Concept’ and **5)** ‘The Dead Rope Concept’.

Equipped with these ‘**Three Groups Of Five**’, we can tackle any ‘**Mechanical Golf Issue**’ that arises in a logical and realistic manner. ‘**Faults & Fixes**’ will become second nature.

**“Welcome Aboard!”**

**“Enjoy The Ride!”**

## **PICK UP INSIDE TAKE-AWAY**

**‘PUITA’**

This ‘Swing Error’ is usually a ‘Target Hand Generated’ ‘Take-Away Error. It can and must be avoided! It usually violates the ‘Dead Rope Concept’ and alters ‘Swing Radius’.

This ‘Swing Error or Characteristic’ often induces ‘Wrist Cock & Un-Cock’, Wrist Bend & Bow and Forearm Turn & Roll’. These actions are all part of the ‘Normal Golf Swing’ but, too much of any untimely is a negative consideration. The good old ‘Cause & Effect’ syndrome in action! Remember, we shall attempt to ‘Play Golf Quiet Handed’. The ‘Hands’ are just ‘Passive Clamps’ connected to the ‘Forearms with your ‘Wrists’. They actually ‘Hinge Freely’ due to ‘Centrifugal FORCE’ and not ‘Active Muscular Manipulation’.

This ‘Initial Pick Up Inside Take-Away Swing Error’, depending on the amount of ‘Turn & Roll’ as well as ‘Bend & Bow’, tends to get your ‘Clubhead and Connected Clubshaft’ ‘Above or Below Plane’ in the first 12 to 18 inches of the ‘Back & Up Swing’. From this ‘Compromised Position’ one will struggle to get back ‘On Plane’ at any time subsequent to the ‘Initial Error’. If you recover, you may over-react or over-correct that ‘Initial Plane Condition’ to a ‘Cast or Looping, Outside-In. (‘Above or Over Plane Error’).

Neither end of this ‘Over Under Plane Spectrum’ is useful or beneficial. They tend to make ‘Golf Plane Wrecks’! To remedy the ‘Pick Up Inside Take-Away Error’, one should ‘Aft-Tilt’ and then make the initial ‘Take-Away Move’ with the ‘Brace Hand’ in a ‘Low & Slow, Deep Flat & Wide Shape’. Setting Up’ and facilitating the ‘Target Lever Dead Rope’ makes good ‘Golf Swings’ happen simply.

Often, when you properly identify a ‘Faulty Swing Error’, the ‘FIX’ can be effected in the opposite manner. If you are ‘Picking Up’, then ‘Sweep Down’! Keep very basic!

If you are really dramatically ‘PUITA’, then you might try to make your ‘Initial Move’ more ‘Non Picked Up’ or ‘Low and Sweeping’. Do so by keeping the ‘Sole Of Your Clubhead In Contact with the Grass’. Also strive to keep the ‘Clubhead Tracking Down The Line’ or even a little ‘Outside The Line’ for that first 18 inches.

If you can verbally accurately describe what happened, you can ‘FIX’ it!

Remember, one must ‘Swing The Lever Assemblies (‘UBM’) Around A Stable Lower Body Machine’ while ‘Seeing The Ball Well’.

## **SATISFACTION GUARANTEED**

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