

555 GOLF ACADEMY

'PERFORMANCE EXCELLENCE'

SHORT GAME DRILLS

DYNAMIC ENERGY CONTROL STROKE LENGTH & DISTANCE

We know about '**The 5 SET-UPS**', about '**The 5 ESSENTIAL ELEMENTS**' and that our '**Putting, Chipping and Bump & Run**' is about 'Money'! So, let's see if we make fewer shots and make more cold cash? ('Putting Stroke' is the simplest motion in golf!)

Think 'Putting' for a moment ... '**Distance Control**'. As you know, this is about 'Inching' or '**The One Inch Rule**'. We must NOT try to 'Putt Simply By Feel'. It's lazy and foolish! Use 'One Inch Per Foot'! Add one for the 'Back Of The Cup' so we do not come up short! Adjust this 'Stroke Length Shorter - Longer' for the 'Slope'. By this progression, we come up with helpful 'Stroke Lengths' like '**Inside Shoe, Toe and Outside Shoe**'. Use them. They are your 'Cheating Yard Stick'!

The next really key 'Stroke Length' is what your '555 TEAM' calls the '**Optimal Stroke Length**' ('OSL'). This is the 'Take Away Point' to which you can stroke without getting out of balance and inducing 'Wind, Load Coil'. Every person's 'OSL' is quite personal. Learn and use yours! Then test for each short club to see how far the ball rolls on a flat surface at 'Stimp 9'. Remember these numbers and their 'FEEL'. If you are serious, you will write them down on a 'Performance Chart'! Silly waste of time? You'll soon see!

A good hint and guideline? My 'OSL' is about 'Brace Hand - Brace Hip'. (see 'Body Clocking Rule') Gives me real, reliable 'Control' in the heat! Armed with this technique and with these skills, one can move the 'Little White Ball' from just a few inches to about 55 feet with my 'Putter OSL' ... '**Stimp 9 & Level**'. Pretty cool! Right?

BODY CLOCKING MY CHIPPING TOOLS

Now let's shift gears a little to 'Chipping and B&R' with a lofted club. The fact is, if we can 'Putt' we can CHIP or B&R'. "**A CHIP IS A PUTT WITH A HOP!**" Remember?

Let's use the 'Bread & Butter Club'. It is NOT our \$SW or our #LW! It IS our #8 Iron! This is the 'Safest, Most Predictable Chipping or B&R club! You can certainly use a different selection when needed.

Feel a few 'Putting Strokes' at 'Inside shoe, Toe and Outside Shoe'! ('Practice Swings' are 'Dress Rehearsals' – 'Miniature Full Swings')

Now get dedicated to some real practice and pay attention to your actual 'Delivery Length' ... Remember it! Write it down! You can legally carry the paper with you!

With your 'Putting Stroke' as the guideline, increase that 'SL' by making specific 'Progressive Stroke Lengths', but NOT '**Willey Nilley**'! Define actual 'Chip. B&R Lengths' and get used to their actually working for you. They shall!

Here are some simple, basic '**Chipping Body Clocking Points**' that work well.

'Inside Shoe, Toe, Outside Shoe', Thigh or Pocket, Hip Pocket Split, Hip, Lower Rib Cage, Arm Pit and finally that Brace Shoulder', which is really your most comfortable 'Full Swing' by 'Physics & Science'. (see 'Quiet Triangles')

Once you get these specific 'Stroke Lengths' visited and remembered, you are ready to accomplish some amazing 'Short Game Feats' that shall impress your fellow players.

Again, take a piece of paper and write down your actual 'Distances' that the ball rolls with these very specific 'Stroke Lengths'. By recording the lengths, we learn and remember and adopt. The purpose of practice, right?

Let me tell you, this 'Short Game Stuff' is NOT primarily about '**FEEL**'. It is primarily about 'Physics & Mechanics'. 'Motion Discipline' must take place or be earned before 'Geometry & Feel' move onto the stage. We cannot accomplish this part of the 'Journey' backwards or in the reverse order! So do not try!

All this 'Wonderful Stuff' ... these 'Golf Skills' ... are '**NO ACCIDENT**'!

We have to get to them the 'Old Fashioned Way'. We have to 'Earn the rewards!

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

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