

PUTTING PROTOCOLS

The '**5 CONTROLS**' always!

- 1) '**PROPER SPINE ANGLE AND KNEE FLEX**' to support the 'Pre-Selected Components and Procedures'. ('Forward Inclination & Clearance') Remember, more 'Forward Inclination' allows a more efficient 'Rocking Chair Shoulders and thus Pendular Action'
- 2) 'Adequate Knee Flex'
- 3) '**GRIP**' should be 'Weak' and 'Opposed'
- 4) '**Light GRIP Pressure**'
- 5) 'Fixed Wrist Forearm Triangles/Wedges' properly 'Aligned'
- 6) 'Levers Generally Hanging From Shoulder Sockets'
- 7) 'Breathing Deeply and Slowly', 'OUT When Clubhead Moving'
- 8) '**WEIGHT DISTRIBUTION EVEN**' with a very 'Flat-Footed Feel'. A 'Forward Press Is Optional'. Usually beneficial to set your 'Triangles'.
- 9) '**STANCE**' Square-Square to slightly Open. Not closed.
- 10) 'Feeling Flat Footed' (extended toes – zero pressure – no Pivot)
- 11) '**BALL LOCATION**' best forward to promote 'Over Spin'
- 12) 'Hover The Clubhead' (1/2" to 5/8") 'Weight In Your Target Lever'
- 13) '**B.E.S.T. RULE**' procedure is beneficial
- 14) '**ROCKING CHAIR SHOULDERS**' should be 'Primary Motive Force'
- 15) 'Balanced Swing Length' but tend to more 'Chase or Follow'
- 16) '**5 ESSENTIAL ELEMENTS**'
- 17) '**5 AXES**' 'Quiet Eyes means Quiet Ears'
- 18) 'Heads or Tails Drill' stops peaking ('See The Dime') 'The 'Eyes Do Not Move Until The Hands Have Stopped Moving Rule' very in effect
- 19) '**CHASE**' ('Follow-Finish & Hold')
- 20) '**LISTEN**' and don't 'Look'
- 21) 'Pre and Post Shot Routine'
- 22) '**Clubhead PATH**' along the 'Body/Foot Line', '**INK SPOTS**'
- 23) '**ONE INCH RULE**' controls 'Distance'
- 24) '**Top Of Break Point**' is key with cross slopes, '**BRL**'
- 25) '**Intermediate Target**' inside the rubber or club-length
- 26) '**Displaced Target**' means eliminating the real Cup
- 27) '**Supremely CONFIDENT**' means better results. No Doubts!
- 28) '**TEMPO**' means '**One & Thru**' or '**One & Chase**' as a reminder
- 29) '**CIRCLE DRILLS**' before and after every round or session
- 30) '**READ LOTS OF GREENS**' precisely daily!
- 31) '**QUADRANT YOUR GREENS**' during the 'Approach and Putting Phase'. Makes your job on the 'Dance Floor' much easier. Easier is good! You only use ¼ of the green or cup in a 'Slope – Break'
- 32) Keep accurate and diligent '**RECORDS**' of your performance using 'Good Set-Up', 'Good Stroke', 'Short - Long - Left - Right - Pull - Push', 'Breathing Properly', 'Tempo'. Use a little pocket notebook. Evaluate it weekly or biweekly.
- 33) '**Head or Tails Drill**' is a great asset.