

## LOB PROTOCOLS

The '**5 CONTROLS**' ..... always!

- 1) Similar 'SET-UP' as utilized in 'Pitching'.
- 2) 'Higher Trajectory' due to the 'Clubface LOFT' (60 degrees)
- 3) '**MINIMUM ROLL TIME AND MAXIMUM AIR TIME**'
- 4) 'FEEL' like you are 'Sliding the Leading Edge of the Clubface under the Ball'.
- 5) '**POSTURE**' must be 'CHIN Tallish & MATADOR PROUD' for the delicate accuracy of this Procedure.
- 6) '**GRIP**' Pressure light to moderate
- 7) '**STANCE**' Open Target Toe and under your Shoulders
- 8) '**BALL LOCATION**' slightly forward similar to Sand Shots.
- 9) '**ALIGNMENT**' Open
- 10) '**WEIGHT DISTRIBUTION**' 50:50 or very slightly forward.
- 11) Minimal Forward Press but the 'Hands LEAD'. Utilize the 'LOFT' or perhaps a slightly 'Open Clubface' (60 to 64 degrees does not need more 'LOFT'). This is a 'Flop Shot' and your Ball will not 'Flop' unless your 'Clubface somewhat 'Slides Under the Ball' (Chilli Dip. Be aware of the amount of grass under the Ball). This is a 'FEEL Drill or Shot' so 'FEEL' your Clubface Sliding Under the Backside of the Ball'.
- 12) 'Sweep Take-Away', Low and Slow, Deep-Flat-Wide in order to 'Set-Up' proper Forward Swing 'Angle Of Attack' or 'PATH'.
- 13) '**NORMAL WRIST COCK**' but generally 'Hinges Early' in the 'Slow Lazyish Back Swing'.
- 14) '**NORMAL CLUBHEAD PATH**' and '**ANGLE OF ATTACK**'
- 15) Relatively quite 'Lower Body Machine', Not too much Coil
- 16) '**SWING DOWN THE BODY/FOOT LINE**'

(see '**5 WAYS TO SHORTEN YOUR DISTANCE**')