

555 Faults & Fixes

‘PERFORMANCE EXCELLENCE’

ARMED WITH THE TOOLS

Your ‘555 Team’ approach to ‘**Faults & Fixes**’ is both very simple and highly predictable. Those are both good things in ‘Golf’ and ‘Life’!

You know that we strive to understand ‘Scientific Realities’ such as ‘**The Physics Of Rotation**’ and ‘**The Geometry Of The Circle**’. This material always applies.

There are aspects and elements that are ‘Consistent’ to every swing universally. ‘**The 555 System**’ includes a very comprehensive application and foundation of these.

Whenever we come up against a ‘Fault’, the ‘Fix’ relies upon our knowledge of ‘**The 5 SET-UPS**’, ‘**The 5 ESSENTIAL ELEMENTS**’ and ‘**The Five 555 CONCEPTS**’ which we call the ‘**Problem Solvers**’. Sounds like these three groups of five might be worthwhile noting as we get into yet another ‘Faults & Fixes’. Here they are!

‘The 5 SET-UPS’ ...

1) ‘Posture’, **2)** ‘Grip’, **3)** ‘Stance’, **4)** ‘Ball Location’ and **5)** ‘Alignment’.

‘The 5 ESSENTIAL ELEMENTS’ ...

1) ‘Clubface AIM’, **2)** ‘Clubhead PATH’, **3)** ‘Clubhead SPEED’, **4)** ‘Sweet Spot’ and **5)** ‘Angle Of Attack’.

‘The FIVE 555 PROBLEM SOLVING CONCEPTS’ ...

1) ‘The Golfing Machine Concept’, **2)** ‘The Tether Ball Pole Concept’, **3)** ‘The Balsa Airplane Concept’, **4)** ‘The Human Ratchet Set Concept’ and **5)** ‘The Dead Rope Concept’.

Equipped with these ‘**Three Groups Of Five**’, we can tackle any ‘**Mechanical Golf Issue**’ that arises in a logical and realistic manner. ‘**Faults & Fixes**’ will become second nature.

“Welcome Aboard!”

“Enjoy The Ride!”

FOR THOSE WHO FADE AND EVEN WORSE

How many really good people who dream about enjoying 'Golf' at all, or even more, either 'Take Leaks' ('Fade') or 'Even Worse' ('Slice')?

Oh there are throngs of you staunch and strident troopers!

The '**Pain & Suffering Clause**' we hear on T.V. and in court did not originate from the annals of great litigation, but simply out of the dregs of the golf course!

So What Can And Do We Do?

The '**CAN**' is generally quite a likely 'Potential'.

The '**DO**' is most often a very different kettle of bananas!

Here is the deal from your '555 TEAM' to you!

You know the '**5 SET-UPS**', which are **1)** Posture, **2)** Grip, **3)** Stance, **4)** Ball Location and **5)** Alignment. We 'Golfers' cannot leave home without any of these. A good seasoning of the '**5 ESSENTIAL ELEMENTS**' is part of the recipe as well. **There is 'NO GOLF SWING' that does not fully include each one of these 'Components or Elements'**. Not even one!

Let's stay focused on '**The Faders Of The World**' and run you through a 'Faults & Fixes' moment or two.

Here is your '555 TO DO LIST', which will scrub off some of the residue left behind this nasty 'Leaky' event where the 'Little White Ball' slithers off to the side of the fairway into dense murky venomous nastiness or just perhaps into a pleasant greenside bunker. There are things we can do to make our 'Linksey Lives' better! ... FAST!

When you '**Take A Golfie Leak**', there are conditions that contribute to that error. Let's define and conquer? Your '555 TEAM' is about to tell you 'What To Do', and not 'What Not To Do'. Staying positive is a good thing!

The '**5 SET-UPS**' are first! We are going to focus 'Only' on the ones that bear directly upon the 'Fault and The Fix'. Remember, you must stay 'Comfortable' in this enter exercise and undertaking. 'Comfortably CHIN Tallish'!

2) '**GRIP**' .. make sure you have the 'Handle Of The Golf Club' in your hands both properly and comfortably. Believe it or not, there are very close to being one in the same.

3) **'STANCE'** .. make sure the you have your 'Feet' under you comfortably, not too wide and not too narrow. Make sure you are 'Set-Up' so you 'Feel' and can take a step through the 'Ball Location' while walking directly towards the 'Target'. That means you must have your 'Front or Target Foot' turned towards the 'Target'. If your were only to desire to walk in that direction (let it be West), when you are initially facing 'North', you would have to 'Weight Shift' and rotate 'Target-ward' before you could take a nice big positive 'Step Towards The Target'. It is that logical and simple!

4) **'BALL LOCATION'** .. without much 'Kefuffle', place the 'Little White Ball' on the ground just inside 'Target Heel' just in front of where you 'Tap The Ground' with the sole of your 'Gripped Clubhead'. That will naturally get in the way of your swing.

5) **'ALIGNMENT'** .. Simply do this! Lay your '#3 Iron' on the ground, pointing about where you want your 'Ball' to go. When you take your 'Position' beside the 'Ball', make sure your feet are about equidistant from the 'Shaft Of That #3 Iron' **'BEFORE'** you flare your 'Target Toe Target-ward'.

Now, let us look at **'THE 5 ESSENTIAL ELEMENTS'**, which are 1) 'Clubface AIM', 2) 'Clubhead PATH', 3) 'Clubhead Speed', 4) 'Sweet Spot' and 5) 'Angle Of Attack'.

1) **'Clubface AIM'** .. Make sure that the 'Clubface' is 'AIMED' or facing the 'Target Squarely'. You can perhaps let the 'Sole Of The Clubhead' just rest on the ground, with the 'Clubface AIMED' where that '#3 Iron' is pointed. This being the 'Condition', now place your 'Hands' on the 'Handle' very comfortably. Don't squeeze the life out of your lively 'Grip'. Relax your hands! We are NOT going to even attempt to hit the ball hart and far!

2) **'Clubhead PATH'** .. We are going to swing the 'Clubhead' actually along the shaft of that '#3 Iron' as well. Logical? We have 'Set-UP' every thing else along it! Why not swing along it as well!

That's 'IT'! Two will do!

So, we have four of the **'5 SET-UPS'** and just two of the **'5 ESSENTIAL ELEMENTS'**. What now?

Set the 'Clubhead' just behind the 'Butt Of The Ball', which is **'Teed Up'**, and get on with your 'Pre-Shot Routine'.

'Flex Your Knees' so you 'Feel' and 'Get A Little Athletic'.

Look right at the 'Bottom Inside Cheek' ('BIC') of the 'Ball'. Always strive to **'See The Ball Come Off The Clubface'**.

Swing the 'Clubhead' 'Brace Handedly' away from the 'Ball'. **'BACK & UP'** not farther than to about the height of your **'Brace Hip or Lower Rib Cage Body Clock'**, pause, let it start dropping back down towards the ground while you push with your 'Brace Foot' and 'Swing The Clubhead THROUGH The Patiently Waiting Ball'. **'Breathing Out'!**

It should not 'Leak'.

If it does, carefully, set-up and strike yet another in the very same manner. More if necessary!

Your '555 TEAM' requires that you always hit ten 'Golf Balls' any time you change 'Procedures' and attempt to make any changes. The first few attempts or 100% of the first series are seldom successful. Be resolute but patient! Do NOT abandon ship even if you miss the first five of the ten. **'Change Necessarily Takes Place Over Time'!**

Now, if you are still leaking, 'See The BIC Of The Ball' all the while you are swinging 'THROUGH' it. Stop quickly looking up to either admire or find each shot. That is a 'Death Wish'! Your caddy will find it for you. Let him!

Additionally, if you are still 'Taking A Little Leak', there is something you can do that will help directly .. **'Hood The Clubface AIM Just A Little'**. 'Hooding' means to shut it down or point it in the opposite direction to which your 'Leak or Fade / Slice' is traveling. Keep increasing this **'Hooding'** more and more until your 'Ball' goes where you 'Set-Up' and intended.

There is a little more advanced 'Fixing' that we might do as well.

For you who think you are in the 'Advanced Group' and 'Few Seldom Are', let us focus on **'CLUBHEAD PATH & PLANE'** for a few moments.

This short 'Faults & Fixes' isn't! Am I forgiven? Again?

'Pre Shot Routine' and 'Set-Up' in your determined disciplined manner.

When you are ready, **'Take The Clubhead Away' a little slower and a little more 'To The Inside Of The Target Line'** .. that is heading a little more towards behind you.

This creates a little **'More BACK Than UP'**. What this does it gets you more on an **'Inside Out PATH'** and a little more **'Under PLANE'** which directly promotes a 'Draw Hook' rather than the 'Fade Slice' that we are currently entertaining.

Your '555 TEAM' has a very good approach to these 'Ball Flight' problems!

If you are hitting 'Slices', don't take a moment off until you can hit 'Hooks'.

As Soon As You Master Both, You Shall NOT Fall Prey To Either!

Keep this 'Journey Very Simple and Logical'.

There is truly no other way to 'Enable Your Sticks To Become User Friendly'! If you try the manifold number of 'Short Cuts', let me tell you ...

SHORT CUTS SELDOM ARE!

Now you are equipped with a '**Method**' and even more '**Renewed Hope**' along the way towards your 'Golf Destination'.

Remember, 'You Are Not Alone' as long as you have our numbers!

We are here because you are there!

"Welcome Aboard!"

"Enjoy The Ride!"

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