

555 GOLF EDITORIALS

'PERFORMANCE EXCELLENCE'

ON THE SWEET SPOT

You all know what we golfers mean by the term 'Hover' ... not about a rotorcraft helicopter!

This 'Golf Term' means that we 'Take Up The Club Weight In The Swing or Target Hand'. In the process we create space between the grass and the sole of the clubhead. If we do not 'Hover' we will often experience 'Drag or Resistance' from the grass or ground. The clubhead will not 'Sweep Away' as expected. That is a serious 'Take-Away' issue.

Knowing this, let's think about how high we tee up our 'Driver Ball'. The modern 'Bigger Heads', with their expanded 'Moment Of Inertia' or 'Impact Core', are now limited to 460 cc. The older versions were in the range of 265 to 325 cubic centimeters.

If we set up a new driver head grounded and with the ball about one third to half a ball diameter above the leading edge or 'Top Plate Line', then 'Hover The Sole', we functionally move the 'Impact Point Aft' or closer to our 'Body Line'.

That means it is closer to the 'Heel' rather than the 'Toe'. This variation in 'Impact Location' creates variations in our 'Compression' and 'Ball Flight Shape' due to 'Ball Restitution' and 'Spin Rate'.

If you have a newer, 'Large Cube Head', make sure that your 'Ball Location' is as required to satisfy your 'Set-Up & Release Parameters'.

All the '555 Golf Team' suggest that our clients 'Set The Ball Up Slightly On The Toe' of all clubs. You know that your 'Lever Assemblies' ('Hands Wrists and Arms') get longer under load, right? In this 'Setting Up Slightly On The Toe', manner we are 'Set-Up For Success' and not failure! Then you can swing naturally and crush it!

Simplicity tells us that our 'Full Swing' 'Lower Body Machine' ('Pivot Engine') really does not change much. As the golf club lengthens, the 'Lever Assemblies' ('Hands, Wrists and Arms') simply work on a 'Flatter Plane'.

The safest 'Ball Location' is at the same height as the 'Sweet Spot' when the sole of the head is just brushing the grass. To this 'Country Gentleman Golf Teacher', 'Tee It High & Let It Fly' invites trouble.

"Welcome Aboard!"

"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7