

One Minute GOLF TIPS

'WHERE PASSION MEETS PERFORMANCE'

SWINGING THE CLUBHEAD

The object of this 'One Minute Golf Tip' is to 'Improve Your Game' quickly and easily.

This little 'Warm Up Exercise' is as important as any you might ever come in contact with. It relates to the '555 Team's Saying' **'FEEL THE STEEL'**.

You must get a 'Swinging Motion' going before you can ever hope to execute good golf strikes. We know you can be a 'Hitter' but you must get your 'Motion' going regardless of the 'Components and Procedures'. 'Warm up and FEEL' are key!

You must get those 'Hands and Arms', 'Lever Assemblies' 'Extended' so your can **'Swing Deep LOW & SLOW, Flat and Wide, Down The Line'**. You must learn how to "Swing The Clubhead" in its big 'Inclined Circle' (feeling 'One Dimensional') We come to know in our discussions of the **'Geometry Of The Circle'** as it pertains to 'Golf' along with the **'Physics Of Rotation'**. Terms such as 'Swing Radius, Swing Width, Swing Length and Bottom Of Swing Arc' are common and important. Get to understand them as soon as you can.

Be aware of the 'Clubhead PATH' and all its behaviours while traveling around the 'Inclined Circular Plane'. Learn the 'Remembered Feel' of these physical feats and realities. In this manner you can become a 'Reflex Golfer'. That is really cool stuff!

Just a reminder, **'Always See The Ball Come Off The Clubface'**. Those 'Captain Eyes' are never off the bridge!

Play well!

"Welcome Aboard!"

"Enjoy The Ride!"

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