

One Minute Golf Tips

'WHERE PASSION MEETS PERFORMANCE'

OPTIMAL STROKE LENGTH for Chipping and Bump & Runs

We know how the 'Inching Rule' works. As we get to really long 'Putts and Chips' (from outside 25 to 40 feet), we run out of 'Inches'. If we have a 50 foot putt, we certainly cannot work a stroke that is 25 to 50 inches depending on the 'STIMP' and 'One Inch Stroke Length Per Foot Rule'! We need options.

Your '555 Team' devised a method we refer to as 'The Optimal Stroke Length' or 'OSL'. As we make longer 'Back & Up Swings' we start to 'Load, Coil and Winde'. We start to stretch the soft tissue body 'Rubber Bands' so they can do more work.

If we make a 'Take-Away' that moves our 'Brace or Power Controlling Hand' just outside of our 'Brace Pocket or Thigh', we shall feel some light 'Tension or Stretch' in our 'Target Shoulder'. We can repeat that motion and feel.

Determine how far the ball rolls on a flat green with 'Stimp 9 and 10' with both a 'Putter' and a 'Chipping Club'. Remember and use this knowledge!

Importantly, this really terrific 'Stroke Pattern' prepares you for 'the next challenge which is the 'Bump & Run' and Knock Down Shot'.

We call this 'The 555 Natural Progression Of The Golf Swing'.

Pretty smart direction we are heading?

Enjoy!

"Welcome Aboard!"
"Enjoy The Ride!"

SATISFACTION GUARANTEED

E-Mail: AskUs@555golf.com

WebSite: 555golf.com

Telephone: (817) 673-8888

24/7