

One Minute Golf Tips

‘WHERE PASSION MEETS PERFORMANCE’

THE INCHING PROCEDURE

for ‘Putting and Chipping’

You and I, your ‘555 Team’, are always based on ‘The 5 Set-Ups’ (‘Posture, Grip, Stance, Ball Location & Alignment’) and ‘The 5 Essential Elements’ (‘Clubface Aim at the Moment Of Separation, Clubhead Path, Clubhead Speed, Sweet Spot and Angle Of Attack’). That is why we are a formidable twosome, ‘You and Us’!

Our ‘Putting Stance Width and Foot Aim’ is perfected and very reliable ... never varies. It is a ‘Constant’ and not a ‘Variable! There are a huge number of ‘Variables’ in the golf game. To play reliably, we need to eliminate ‘Variables’ at every opportunity.

When the ‘Stance Width’ is always the same, we can judge our ‘Clubhead Stroke Length’ off our ‘Brace Foot’. Thus, we can accomplish ‘Clubhead Speed’ and the resultant ‘Distance’ in ‘Putting’ and ‘Chipping’.

With our very disciplined ‘Putting Set-Up – Stance Width’ (‘Little Target Foot Step & Bigger Brace Foot Step’), the ‘Ball Location falls about 1.0 to 1.5 inches inside out Medial Ankle Bone. The distance from the ball to the inside of the ‘Brace Shoe’ is about 8-10 inches. The distance from the ball to the outside of the ‘Brace Shoe’ is about 12-14 inches. How many golfers struggle with ‘Putting & Chipping Distance Control’?

Our first ‘Inching Point’ is half way from the ball to the ‘Inside Of The Brace Shoe’, to ‘Brace Shoe’ ‘Brace Toe’ and ‘Outside Shoe’. Knowing we have this system, we now have four specific ‘Stroke Inches’ we can make to achieve known energy deliveries. Depending on the ‘Speed Of The Greens’, the formula is ‘I Inch Of Stroke Creates One Foot Of Roll’. Faster greens will produce two or three feet per inch. You shall soon learn to make the necessary adjustments to grow in your ‘Putting & Chipping’ skills.

Now be ready to learn about ‘Optimal Stroke Length’ (‘OSL’) and ‘Body Clocking’.

“Welcome Aboard!”

“Enjoy The Ride!”

SATISFACTION GUARANTEED

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