

One Minute Golf Tips

‘WHERE PASSION MEETS PERFORMANCE’

FITNESS & MECHANICS

There are certain fundamentals that we require in order to make any motion or sport happen at a high level! ... capable of being ‘Consistent’ and repeated at will in the ‘Heat Of Battle’!

Two of them are ‘**Fitness & Mechanics**’.

‘Fitness & Mechanics Are Inseparable!’

The one without the other will not suffice! ... like a gun with no bullets or bullets with no gun!

These two entities are best obtained, attained and retained through ‘Knowledge’, ‘Experience’ and ‘Wisdom’.

That is why your ‘555 Team’ teaches from a ‘Science Based’ platform ... Newton rules!

You really need a ‘Savvy Wilderness Guide’ to get and keep you out of the ‘Golf Bush’!

We are here because you are there!

Really enjoy your company!

“Welcome Aboard!”
“Enjoy The Ride!”

SATISFACTION GUARANTEED

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